# DANIEL A. HIRSHBERG, PH.D.

### **CURRENT POSITIONS**

### University of Colorado, Boulder

Teaching Associate Professor, Tibetan Studies & Religious Studies Associate Faculty Director, Himalayan Languages Center for Asian Studies, 2024–present

### **PREVIOUS POSITIONS**

**University of Colorado, Boulder** Lecturer, Department of Religious Studies, Fall Semesters 2022–23 Visiting Scholar, Tibet Himalaya Initiative, 2022–24

**SŌTERIC Contemplative Training,** Boulder, CO Founder and Executive Director, 2021–23

Naropa University, Boulder, CO Visiting Scholar, Department of Psychedelic Studies, 2022–23

**University of Virginia,** Charlottesville, VA Contemplative Fellow/Visiting Scholar, Contemplative Sciences Center, 2020–21 (sabbatical year)

University of Mary Washington, Fredericksburg, VA Associate Professor of Religious Studies (tenured), 2020–21 Assistant Professor of Religious Studies, 2014–2020 Founding Director, Contemplative Studies Program Associate Director, Leidecker Center for Asian Studies

Ludwig-Maximilians-Universität, Munich, Germany Postdoctoral Research Fellow, "Kingship and Religion in Tibet," 2013–14

**University of California,** Santa Barbara, CA Postdoctoral Teaching Fellow in Tibetan Studies, Department of Religious Studies, 2012–13 Four original courses in Tibetan Buddhism, ritual, history, and literature

# EDUCATION

Harvard University, Cambridge, MA Ph.D. Inner Asian and Altaic Studies, May 2012 Buddhism; Historiography; History of Relations Between Tibet, China, and Inner Asia Pre-Classical, Classical, and Colloquial Tibetan; Classical Chinese and Mandarin

Naropa University, Boulder, CO M.A. Indo-Tibetan Buddhism with Language, May 2005 Eight courses in Buddhist philosophy; Tibetan contemplative traditions; Classical Tibetan and Sanskrit

**University of Virginia,** Charlottesville, VA Graduate coursework in Tibetan philosophy and Japanese religions, Spring 2000, Fall 2001

**Wesleyan University,** Middletown, CT B.A. Religion, May 1998 Semester abroad in India and Nepal, Antioch Buddhist Studies, Fall 1996

### AWARDS

Nominee, UMW Alumni Association Outstanding Young Faculty Award (3x), 2017-19

Honorable Mention (Second Place), Association for Asian Studies, E. Gene Smith Book Prize for Remembering the Lotus-Born: Padmasambhava in the History of Tibet's Golden Age, 2018

UMW Innovative Pedagogy Award: Course design for "Ethics of Religion and Violence," 2017

Teagle Foundation Award for original syllabi, Bok Center for Teaching and Learning, Harvard University, 2011 Certificate of Distinction for Excellence in the Teaching of Undergraduates, Harvard College, 2009

# FELLOWSHIPS AND GRANTS

CU Boulder, Center for Asian Studies, Course Development Grant, Tibetan and Himalayan Studies, Summer 2024 CU Boulder, Center for Asian Studies, Professional Development Grant, AY 2024-25 UMW College of Arts & Sciences, Faculty Research Grant, 2019-20 UMW CAS Summer Pedagogy Grant: "Designing an interdisciplinary major in Contemplative Studies," 2018 UMW Jepson Fellow, 2017–18 Project Director, Japan Foundation Institutional Project Support Small Grant (\$21,535), 2017 President's Technology Advisory Council Grant: "Your Brain on Meditation: EEG in the Classroom," 2016 Professional Development Award (Research Incentive Grant, 2x), Fall 2016 & 2020 Faculty Supplemental Development Grant (6x), 2014–19 UCSB Department of Religious Studies, Research Grant, 2012-13 Harvard Graduate Society, Dissertation Completion Fellowship, 2011-12 Inner Asian and Altaic Studies Conference Grant, 2011 Fairbank Center for Chinese Studies, Summer Research Fellowship, 2011 Harvard Graduate Student Council, Summer Research Grant, 2011 Barry & Bertha Mumford Scholarship, 2010-11 Foreign Language and Area Studies, Summer Fellowship, 2006 (declined) Harvard University, Graduate Student Fellowship, 2005-09

# ACADEMIC TEACHING EXPERIENCE

#### University of Colorado, Boulder: Associate Teaching Professor of Tibetan Studies, 2024-present

<u>Introduction to Tibetan Civilization</u>: Surveys the dynamic history of Tibet from its earliest known origins to the present, with interdisciplinary perspectives on Tibetan civilization, culture, religion, politics, society, and the arts. <u>Enlightened Visionaries, Dirty Tricksters, and Warrior Heroes</u>: Seminar exploring Tibet's great narrative traditions and focusing on the articulation of transcendence in Buddhist biographies.

Beginning Tibetan II DILS and Intermediate Tibetan II DILS: With one student per DILS section, instruction focused on literary Tibetan phonetics, grammar, terminology, and translation according to their skill level.

#### University of Colorado, Boulder: Lecturer in Religious Studies, Fall Semesters 2022-present

<u>Foundations of Buddhism</u>: Survey of Buddhist history, philosophies, and practices focusing on primary sources with peer-to-peer dialogs, small group discussions, and contemplative exercises in recitation sections.

#### University of Mary Washington: Professor of Asian Religions, 2014–21

Introduction to World Religions: Introduction to the critical study of religion and comparative survey of diverse religious traditions; invited speakers; interactive exercises.

<u>Buddhism</u>: Survey of Buddhist history, philosophies, and praxes focusing on primary sources with short lectures proceeded by peer-to-peer dialogs, small group discussions, and contemplative exercises.

<u>Hinduism</u>: Exploration of the diverse beliefs, rituals, and literatures of the Indian religions that constitute Hinduism, and the historical progression of their development.

<u>Death and Rebirth in Tibetan Buddhism</u>: Advanced seminar on Indo-Tibetan philosophies of reincarnation, as well as the esoteric rituals and meditations designed to actualize liberation from it.

Yoga in Theory, History and Contemporary Society: Advanced seminar tracing the historical evolution of yoga and tantra to its present popular forms, with emphasis on critical reading and research methodology.

- <u>Meditation Contemplative Practice</u>: Introduction to the theory and praxis of secular mindfulness meditation exploring ancient traditions, contemporary research, and popular discourse.
- <u>Contemplative Practice II</u>: Advanced theory and praxis of mindfulness surveying current trends in psychology, neuroscience, physics, and philosophy, with guided research.
- Ethics of Religion and Violence: Compares religious constructions of the moral self, and the instigation of and responses to violence, injustice, and power in the modern world, with mock trial debates.
- Guided Research Colloquium: Capstone seminar for senior Religious Studies majors.
- <u>UMW in Nepal, International Perspectives on Civic Engagement</u>: Introduction to Nepalese history, culture, religions, and contemporary society culminating in two weeks of civic and experiential learning in Kathmandu.
- <u>UMW in Japan, Zen and the Arts</u>: Surveys the history and doctrines of the East Asian Buddhisms known as Zen and focuses on its unique aesthetic paths to awakening. Culminates with two weeks in the monasteries of Kyoto.

### University of California, Santa Barbara: Instructor, 2012-13

- <u>Readings in Tibetan Buddhist Texts</u>, Spring 2013. A reading course in classical Tibetan teaching "headless" cursive scripts, codicology, and textual criticism.
- Tibetan Buddhism in Practice, Winter 2013. Explores the diverse ritual technologies of Tibetan Buddhism.
- <u>The Aftermath of Enlightenment</u> (Comparative Literature), Winter 2013. Considers variant accounts of life after enlightenment as bases for discussing narrative expressions of reality.

<u>Tibetan Civilization</u> (East Asian Studies), Fall 2012. Traces the history and religions of Tibet to explore the current Sino-Tibetan conflict and recent spate of Tibetan self-immolations.

### Harvard University Extension School: Teaching Assistant, 2008–11

Introduction to Tibetan Buddhism, Spring 2008, 2009, 2011. Introduction to Tibetan history and religions. Comparative Religious Ethics, Fall 2010. Hindu, Buddhist, and Christian framings of violence and its solutions.

- Harvard College: Teaching Fellow (Religion Department, Core/GenEd Curriculum), 2008–2009 <u>Introduction to Buddhism</u> Spring 2009. A critical introduction to Buddhism in India, Japan, China and Tibet. <u>Comparative Religious Ethics</u>, Spring 2008 (see course description above).
- Antioch Education Abroad: Faculty (Buddhist Studies in Bodh Gaya, India), Fall 2008

<u>Buddhist Philosophy</u>: An intensive course tracing the progression of Indian and Tibetan Buddhist systems. <u>Meditation Traditions</u>: Daily meditation instruction with lectures and discussion with contemporary masters. <u>Independent Study Project</u>: Advised and graded 11 ethnographic research projects; met students in the field.

Where There Be Dragons: Program Leader ("Tibetan Culture" in Tibet, PRC), Summer 2006 Led eight students to sites throughout the Tibetan cultural areas of China for six weeks; regular lectures.

### **PEER-REVIEWED PUBLICATIONS**

#### Воок

- Remembering the Lotus-Born: Padmasambhava in the History of Tibet's Golden Age. Somerville, MA: Wisdom Publications, Studies in Indian and Tibetan Buddhism, 2016.
  - Honorable Mention (Second Place), Association for Asian Studies, E. Gene Smith Book Prize, 2018: https://www.asianstudies.org/aas-2018-book-prize-winners/
  - Review for the American Academy of Religion: <u>http://readingreligion.org/books/remembering-lotus-born</u> Review for Revue d'Etudes Tibétaines: <u>himalaya.socanth.cam.ac.uk/collections/journals/ret/pdf/ret\_45\_09.pdf</u>

#### **ARTICLES & BOOK CHAPTERS**

"Self-Dysregulation in Psychedelic Subjectivity and Buddhist Soteriology." *Journal of Contemplative Studies* 1 (in progress 2024).

- Co-Editor, Special Issue, "Psychedelics, Contemplation, and Religion." *Journal of Contemplative Studies* 1 for the University of Virginia's Contemplative Sciences Center, 2024.
- Editor and Chair, Journal of the North American Japanese Garden Association (published annually, 2022-present).
- "Refractions of Lotus Light: The Elaboration and Delimitation of Padmasambhava's Eight Names." In *Histories of Tibet: Essays in Honor of Leonard W.J. van der Kuijp*, 115–32. Somerville, MA: Wisdom Publications, Studies in Indian and Tibetan Buddhism, 2023.
- D.A. Hirshberg & E. Pakhoutova. "Padmasambhava and His Manifestations: The Names that Encode Many Aspects of the 'Lotus-Born' Guru." In *Himalayan Art in 108 Objects*, 196–99. New York: Prestel, 2023.
- "Garden Illumination, Ancient and Modern." Journal of the North American Japanese Garden Association 8 (2021): 59-62.
- M. Liss, M.J. Erchull, D.A. Hirshberg, D. Ambuel, & A. Pitts, "Effects of a Meditation and Contemplative Practice Course on College Students' Mindfulness, Self-Compassion, and Mental Health." *Journal of Contemplative Inquiry* 7.1 (2020): 153–94. <u>https://digscholarship.unco.edu/joci/vol7/iss1/10/</u>
- "Fostering the New Interdiscipline of Contemplative Studies." *Journal of the North American Japanese Garden Association* 7 (2020): 23–31.
- "Contemplating the Smartphone Dis/Connect." Spotlight on Teaching: Contemplative Pedagogy in the Religious Studies Classroom, for the American Academy of Religion. *Religious Studies News* 21.1 (June 2019): 15–20, 49–50. <u>http://rsn.aarweb.org/spotlight-on/teaching/contemplative-pedagogy/smartphone-disconnect</u>
- "The Guru Beyond Time: Padmasambhava's Eight Names and Three Exalted Bodies." In *The Second Buddha: Master of Time*, 86–117. New York: Prestel, 2018.
- "Language Scattered, Treasure Revealed: Tibet's Sole Cache of First-Millennium Manuscripts." For the forum, "Origin Stories on the 'Discovery' and Interpretation of First-Millennium Manuscripts." *Marginalia*/ Los Angeles Review of Books (2018): <u>https://marginalia.lareviewofbooks.org/tibets-sole-cache/</u>
- "Maintaining the Path to Nirvana." Journal of the North American Japanese Garden Association 5 (2018): 15–19.
- "A Post-Incarnate Usurper? Inheritance at the Dawn of Catenate Reincarnation in Tibet." Revue d'Etudes Tibétaines 38 (Février 2017): 65–83.
- Co-Editor. Special Issue: "The Reincarnation (*sprul sku*) Institution in Tibetan Buddhism." Revue d'Etudes Tibétaines 38 (Février 2017). <u>http://himalaya.socanth.cam.ac.uk/collections/journals/ret/pdf/ret\_38.pdf</u>
- Editorial Preface. Special Issue: "The Reincarnation (*sprul sku*) Institution in Tibetan Buddhism." Revue d'Etudes *Tibétaines* 38 (Février 2017): iii–v.
- "Karmic foreshadowing on the path of fruition: narrative devices in the biographies of Nyang ral Nyi ma 'od zer." *Bulletin of Tibetology* 45.1 (2010): 53–78.
- Editor. Special Issue: "Tibetan biographies." Bulletin of Tibetology 45.1 (2010).
- "Editorial Introduction." Bulletin of Tibetology 45.1 (2010): 4-8.

#### **ENCYCLOPEDIA ENTRIES**

- Biography of Nyang-rel Nyima Özer (1124–92) in *The Treasury of Lives: A Biographical Encyclopedia of Tibetan Religion*, 2013. <u>https://treasuryoflives.org/biographies/view/Nyangrel-Nyima-Ozer/5999</u>
- Biography of Drogön Namkhapel (d. ca. 1235) in *The Treasury of Lives: A Biographical Encyclopedia of Tibetan Religion*, 2013. <u>https://treasuryoflives.org/biographies/view/Namkha-Pel/6010</u>

#### **REVIEWS, TRANSLATIONS, & POPULAR PUBLICATIONS**

- Vajrakumāra Practice Manual. Seattle: Nalandabodhi Publications, 2017.
- Chögyur Lingpa (1829–70) The Sādhana of Vajrakumāra, with its feast offering, The Quintessential Bindu of Enlightened Activity, from the Cycle of Secret Bindu. Seattle: Nalandabodhi Publications, 2014.
- Review of Lewis J.A. Doney, *Transforming Tibetan Kingship: the portrayal of Khri srong lde brtsan in the early Buddhist histories.* Ph.D. dissertation at the School of African and Oriental Studies, University of London, 2011 (2013). <u>dissertationreviews.org/archives/2594</u>

Pema Dechen Lingpa (1663–1713). Expeller of Any Obstacle: The Profound HŪM Sādhana of Secret Dorjé Drolö, from the Dākinī's Heart-Bindu of Secret Gnosis.

Lhatsun Namkha Jigmé (1597–1653). Mountain Smoke Offering.

"On the Study of Tibetan Language in Academia and Elsewhere." Lotsawa Times 3 (2009): 34-36.

"The Path to Dzogchen." Bodhi Magazine 9.4 (2008): 45-48.

### PAPERS, PANELS, & SYMPOSIUMS

- "Psychedelics, Contemplation, and Realization: State of the Fields." SŌTERIC Contemplative Training in Boulder, CO: March 31, 2022.
- Convener/Moderator. "Psychedelics and the Contemplative Path." 6-part series and final panel with Dzogchen Ponlop Rinpoche, Prof. David Germano, Dr. David Vago, Prof. Jamie Beachy, and Raven Cruz. Hosted virtually by SŌTERIC Contemplative Training from Boulder, CO: March 31–May 7, 2022.
- Respondent. "The Intersection of Psychedelic Therapy and Contemplative Traditions," with Roshi Joan Halifax at Naropa University. Boulder, CO: March 15, 2022.
- Convener/Moderator. "Buddhist Responses to Modern Problems." 6-part series and final panel with Dzogchen Ponlop Rinpoche, Prof. Donald Lopez, Prof. Anne Klein, Valerie Brown, Ethan Nichtern, and Bhante Jayasara. Hosted virtually by Nalanda West. Seattle, WA: September 17–October 24, 2020.
- "The Rhetoric of Secularism in Contemplative Pedagogy" and "Smartphone Dis/Connect: FOMO." Invited lecture and workshop at Brown University. Providence, RI: September 30 and October 1, 2019.
- "Fidelity, Innovation, and Reincarnation in the Early Revelations of the *Eight Instructions (Bka' brgyad)*." Paper presented for the panel, "New Research in Treasure (*Gter*) Studies," at the XVth Meeting of the International Association for Tibetan Studies. Paris, France: July 12, 2019.
- "Where Is My Mind?' Teaching Critical Subjectivity on an Inclusive Campus." Paper presented for the panel, "Critical First-Person Methodologies in Contemplative Studies," at the Annual Meeting of the American Academy of Religion. Denver, CO: November 20, 2018.
- "Padmasambhava the Tibetan: Reflections on Memory and Cultural Identity." Paper presented for the conference, "Perspectives on Padmasambhava," organized by Columbia University and Skidmore College at the Rubin Museum of Art. New York: October 14, 2018.
- "Instructions on Interdependence: Installing a Japanese Garden on a Public Campus." Paper presented at the 2018 International Japanese Garden Conference of the North American Japanese Garden Association. Portland, OR: September 30, 2018.
- Senior Investigator. Mind and Life International Research Institute. Kyoto, Japan: September 1-5, 2018.
- "The Nominal and Iconographical Elaboration of Padmasambhava as the Fierce Guru (*Gu ru drag po*)." Paper presented for the panel, "The Second Buddha: New Perspectives on Padmasambhava," at the Annual Meeting of the Association for Asian Studies. Washington, DC: March 24, 2018.
- "Spontaneous Presence: The Rapid Normalization of Padmasambhava's Iconography in Image (and Text)." Invited paper presented at McGill University. Montréal, Québec, Canada: October 20, 2017.
- Discussant/Participant. Mind and Life Think Tank at Brown University. Providence, RI: September 23-24, 2017.
- Convener/Moderator. "Translation: Fidelity vs. Innovation." Roundtable discussion and workshop at Tsadra Foundation's Translation & Transmission Conference, University of Colorado. Boulder: June 1, 2017.
- "Himalayan Syncretism and the Emergence of Padmasambhava as Rdo rje gro lod." Paper presented at the University of Virginia Tibet Center. Charlottesville: March 15, 2017.
- "A Yogin's Retirement: Visionary Tourism in Nyang ral's Twilight Years." Paper presented for the panel, "Imagination and Visualization in Tibetan Buddhist Literature," at the Annual Meeting of the American Academy of Religion. San Antonio: November 21, 2016.

- "Find the Line: Negotiating Art, Accuracy and Liberative Technology in the Translation of Tibetan Liturgy." Paper accepted for the Translating Buddhism conference at York St. John University. York, UK: July 1, 2016. (Declined late due to British transit strikes)
- "Eight Among Many: The Introduction and Delimitation of the *Gu ru mtshan brgyad*." Paper presented at the 14<sup>th</sup> Seminar of the International Association for Tibetan Studies. Bergen, Norway: June 24, 2016.
- "A Japanese Garden as the Locus of Wellness: Proposal at the University of Mary Washington." Paper presented at the Biennial Meeting of the North American Japanese Garden Association. Delray, FL: March 7, 2016.
- "When I was king...' Memories of Sovereignty in the Construction of Enlightened Identity." Paper presented for the panel, "Monk, King, Tantrika: Negotiating Power in Tibet," at the Annual Meeting of the American Academy of Religion. San Diego: November 23, 2014.
- "Not one, not two, but three, and now five? Analog and Digital Reproductions of Nyang-rel's *Chos 'byung*." Paper presented for the manuscripts panel at the Symposium on the Tibetan Book, University of Virginia. Charlottesville: November 7, 2014.
- Moderator. "Authenticity and Myth-Making." Final Plenary Session convened at Tsadra Foundation's Translation and Transmission Conference. Keystone, CO: October 3, 2014.
- Convener/Organizer. "Ritual + Narrative + Kingship ÷ Tibet + Surrounding Cultural Areas." Invitational conference of international scholars. University of Munich: July 17–19, 2014.
- "On the Origins and Transmissions of Nyang-rel's Padmasambhava Biography." Paper presented at the Institute for Indology and Tibetology. University of Munich: July 9, 2014.
- "Delivering the Lotus-Born: Reassessing *The Copper Palace* and the Historiographical Inception of Tibet's Golden Age." Paper presented at UCSB. Santa Barbara, CA: May 17, 2013.
- "Reincarnation Before Its Institutionalization in Tibet." Paper presented at the School of Oriental and African Studies, University of London: April 26, 2013.
- Chair, Organizer, Presenter: "Narrative Devices in the Early Biographies of Nyang-rel Nyima Ozer." Paper presented for the panel, "Re/constructing Identity in Tibetan Biographies," convened at the Association for Asian Studies Annual Meeting. San Diego: March 23, 2013.
- "A Post-Incarnate Usurper? Guru Chöwang's Claim to the Patrilineal Inheritance of Nyang." Paper presented at the invitational symposium, "The Tulku Institution in Tibetan Buddhism." The University of San Francisco: February 16, 2013.
- "Scholarship on Tibetan Buddhism and Tibetan Buddhist scholarship." Paper presented at Naropa University. Boulder: September 7, 2012.
- "Treasure Before Tradition: Pre-normative Narratives and Definitions from the Works of the First Great Buddhist Treasure Revealer, Nyang ral Nyi ma 'Od zer." Paper presented at the Salon Tibétain, Tsadra Foundation. Boulder: September 6, 2012.
- "Drawing Honey from Historiography: An Analysis of the Oldest Extant Manuscript of the Oldest Extant *History of Buddhism* in Tibet." Paper presented at Indiana University. Bloomington: September 4, 2012. Podcast: <a href="http://www.indiana.edu/~iaunrc/resources/av/podcasts">www.indiana.edu/~iaunrc/resources/av/podcasts</a>
- "The Origins of Concatenated Reincarnation in Tibet." Paper presented at the Inner Asian and Altaic Studies Lecture Series, Harvard University. Cambridge: April 25, 2012.
- Organizer, Presenter: "Reincarnation in the Tibetan renaissance." Paper presented for the panel, "The Age of Fragmentation and the Reconstruction of Tradition," convened at the Annual Meeting of the American Academy of Religion. San Francisco: November 19, 2011.
- "Treasure Recovery in the Tibetan Renaissance." Paper presented at the Rubin Museum/Tibetan Buddhist Resource Center Scholars' Seminar. New York: April 12, 2011.

### **INVITED LECTURES & PRESENTATIONS**

- Final Plenary Discussion for *Tukdam: Between Worlds*. Buddhist Arts and Film Festival. Boulder, CO: May 26, 2024.
- "Training Attention in a Technology-Driven World." Virtual Meditation on the Lawn, for the Contemplative Sciences Center, University of Virginia: April 5, 2021.
- "Tibetan Buddhism: An Autobiographical History." UMW Elder Study: September 29, 2020.
- "The Many Meanings of Awakened Mind (*bodhicitta*)." Insight Meditation Center of Fredericksburg, Annual Winter Retreat. January 25, 2020.
- "Padmasambhava the Tibetan: Reflections on Memory and Cultural Identity." Paper presented for the Social Research Colloquium at UMW: April 17, 2019.
- "Crazy Wisdom? Enlightened Iconoclasm in Tibet, Guru Sex Scandals in the West." Lecture presented for CPRD 299: Mysterium Humanum on Madness at UMW: April 2, 2019.
- "The Accessibility of Gnosis in Tibetan Buddhism." Insight Meditation Community of Fredericksburg: March 29, 2018.
- "Contemplative Pedagogy." UMW Elder Study: November 3, 2017.
- "Buddhism in Nepal." Lecture for the Fredericksburg-Kathmandu Sister City Development Committee: September 19, 2017.
- "The Concept of Refuge in Buddhism." Insight Meditation Center of Fredericksburg, Annual Winter Retreat. January 28, 2017.
- "McMindfulness and the Making of Secular Buddhism." 4th Annual UMW Mindfulness Week: October 12, 2016.
- "The History of Tibet/an Buddhism." UMW Elder Study Group: April 21, 2016.
- "The Dharma of Genocide: Buddhist Ethics and Rhetoric in Sri Lanka's Civil War (1983–2009)." CPRD 299: Mysterium Humanum on Religion and Violence at UMW: March 14, 2016.
- "Universalism in Tibetan Buddhism: Negotiating the Views of 'Self' and 'Others' from Classical and Contemporary Tibetan Buddhist Perspectives." Unitarian Universalist Fellowship of Fredericksburg: August 16, 2015.

#### **UNIVERSITY SERVICE**

#### University of Colorado, Boulder

Contemplative Studies Certificate Steering Committee

Center for Asian Studies Curriculum Committee

Tibet Himalaya Initiative

#### University of Mary Washington

Founder and Director, Contemplative Studies Program Associate Director, Leidecker Center for Asian Studies Faculty Advisor, Honor Council Member, Honors Scholar Program Committee (2015–18) Member and Co-Chair (2017), Mindfulness Week Planning Group (2015–17) Faculty Liaison, Men's Tennis Team (2017–20) Faculty Advisor: Zen Garden Club, Mindfulness Club, Nepal Ananda Club

### **PROFESSIONAL AFFILIATIONS AND SERVICE**

Executive Board Member, North American Japanese Garden Association (2020–23) Editor and Chair, *Journal of the North American Japanese Garden Association* (2022–present) American Academy of Religion Association for Asian Studies International Association of Tibetan Studies Nitartha Translation Network Ad hoc peer-reviewer for: *Central Asiatic Journal International Seminar of Young Tibetologists Journal of the International Association of Buddhist Studies Journal of the International Association of Tibetan Studies Life Writing Medieval Worlds Revue d'Etudes Tibétaines* Routledge SUNY Press Wisdom Publications, Studies in Indian and Tibetan Buddhism Series