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EMPLOYMENT

2007-	Professor Department of Psychology & Neuroscience University of Colorado Boulder
2018-	Associate Chair for Undergraduate Education and Director of Undergraduate Studies
2008-2014	Director of Clinical Training
1999-2007	Associate Professor Department of Psychology & Neuroscience University of Colorado Boulder
1997-1999	Associate Professor Department of Psychology Yale University
1993-1997	Assistant Professor Department of Psychology Yale University
1990-1993	Assistant Professor Department of Psychology The Pennsylvania State University

EDUCATION

PhD	University of Washington, Psychology (Clinical), 1990 Predoctoral Internship, Brown University School of Medicine, 1989-1990
MS	University of Washington, Psychology (Clinical), 1986
BS	Colorado State University, Psychology, Philosophy (second major), 1983

AWARDS AND HONORS

- 2019 Outstanding Faculty Mentor Award, The Graduate School, University of Colorado Boulder
- 2019 Honorable Mention, UROP [Undergraduate Research Opportunities Program] Outstanding Mentor Award, University of Colorado Boulder
- 2015 Fellow, Association for Psychological Science
- 2015 Fellow, Association for Behavioral and Cognitive Therapies
- 2012 College Scholar Award, University of Colorado Boulder
- 2011 Faculty Service Award, Department of Psychology and Neuroscience, University of Colorado Boulder
- 2005 Independent Investigator Award, Brain & Behavior Research Foundation
- 2004 Founding Fellow, Academy of Cognitive Therapy
- 1998 Van Ameringen Scholar, Beck Institute for Cognitive Therapy and Research
- 1996 Junior Faculty Fellowship in the Social Sciences, Yale University
- 1991 Young Investigator Award, National Alliance for Research on Schizophrenia & Depression

PROFESSIONAL AND SCIENTIFIC SOCIETIES

Academy of Cognitive Therapy – Founding Fellow, Diplomate, and Certified Trainer/Consultant

American Psychological Association – Member

Association for Behavioral and Cognitive Therapies – Fellow

Association for Psychological Science – Fellow

EDITORIAL ACTIVITY

Associate Editor, *Journal of Family Psychology*, 2009-2015

Associate Editor, *Applied and Preventive Psychology*, 2004-2010

Associate Editor, *Contemporary Psychology: APA Review of Books*, 1998

Consulting Editor, *Journal of Family Psychology*, 2003-2009, 2015-

Consulting Editor, *Behavior Therapy*, 2005-2009, 2011-2013

Consulting Editor, *Journal of Abnormal Psychology*, 2011-2012

Consulting Editor, *Journal of Consulting and Clinical Psychology*, 2002-2003

Consulting Editor, *Clinical Psychology: Science and Practice*, 1997-1998

Guest Editor, Special Series, "Affective and Developmental Considerations in Couple Therapy," *Clinical Psychology: Science and Practice*, Winter, 1999

Guest Editor, Special Section, "Genetics and Epigenetics in Family Context," *Journal of Family Psychology*, February, 2013

RESEARCH INTERESTS

- Intimate relationship functioning and the onset, severity, and course of mental and physical health problems, with a focus on depression
- Couple-based interventions for intimate relationship discord and mental and physical health problems
- Etiology and treatment of intimate relationship discord
- Cognitive theory and therapy for depression

GRANTS AND CONTRACTS

Principal Investigator, National Institute of Mental Health National Research Service Award, *The Use of Booster Sessions in Behavioral Marital Therapy* (MH09684), Project Period: 1988-1990.

Principal Investigator, National Alliance for Research on Schizophrenia and Depression, Lederer Institute Investigator Award (Young Investigator Award), *Cognitive-Marital Therapy: An Integrated Treatment for Depression*, Project Period: 1991-1993.

Principal Investigator, The Pennsylvania State University Center for the Study of Child and Adolescent Development, Seed Research Initiative, *Attachment and Adolescent Relationships*, Project Period: 1993.

Principal Investigator, Yale University Faculty Research Award, *Depression and Marital Relationships*, Project Period: 1994.

Principal Investigator, National Institute of Mental Health, *Biopsychosocial Model of Depression and Marital Discord* (MH54732), Project Period: 1996-2003.

Principal Investigator, Claude D. Pepper Older Americans Independence Center, Pilot and Feasibility Grant, *Depression and Marriage in Older Couples*, Project Period: 1997.

Principal Investigator, National Alliance for Research on Schizophrenia and Depression, Independent Investigator Award, *Prospective Associations Among Genes, Stress, and Depression*, Project Period: 2006-2015.

Principal Investigator, National Institute of Mental Health, *Program of Excellence in Scientifically Validated Treatments of Mood Disorders*, (R25 MH084774), Project Period: 2008-2014.

Principal Investigator, University of Colorado Boulder Arts and Science Support of Education Through Technology (ASSETT) Development Award, *Technological*

Advances in Training in Psychological Assessment and Treatment, Project Period: 2011.

Principal Investigator, National Institute on Aging, *Gene-by-Environment Interactions, Social Stress, and Depression in Older Adults*, (R03 AG045301), Project Period: 2013-2016.

Training Grants Awarded to Students

- National Institute of Mental Health, F31 (PI – Lauren Weinstock), *Self-verification Model of Major Depression in Marriage* (MH64316), Project Period: 2002-2004.

PUBLICATIONS

Books

1. Fiese, B. H. (Ed.-in-Chief), Celano, M., Deater-Deckard, K., Jouriles, E. N., & **Whisman, M. A.** (Assoc. Eds.). (2019). *APA handbook of contemporary family psychology* (Vols. 1-3). Washington, DC: American Psychological Association.
Volume 1: Foundations, Methods, and Contemporary Issues Across the Lifespan
Volume 2: Applications and Broad Impact of Family Psychology
Volume 3: Family Therapy and Training
2. **Whisman, M. A.** (Ed.). (2008). *Adapting cognitive therapy for depression: Managing complexity and comorbidity*. New York: Guilford Press.
3. Snyder, D. K., & **Whisman, M. A.** (Eds.). (2003). *Treating difficult couples: Helping clients with coexisting mental and relationship disorders*. New York: Guilford Press.

Peer-reviewed Journal Articles

1. Gilmour, A. L., **Whisman, M. A.**, & Randall, A. K. (2019). Relationship discord and depressive symptoms in sexual minority individuals over time. *Journal of Family Psychology*, *33*, 994-999. <http://dx.doi.org/10.1037/fam0000554>
2. Kirk, A., Meyer, J. M., **Whisman, M. A.**, Deacon, B. J., & Arch, J. J. (2019). Safety behaviors, experiential avoidance, and anxiety: A path analysis approach. *Journal of Anxiety Disorders*, *64*, 9-15. <http://dx.doi.org/10.1016/j.janxdis.2019.03.002>
3. Labrecque, L. T., & **Whisman, M. A.** (2019). Extramarital sex and marital dissolution: Does identity of the extramarital partner matter? *Family Process*. Advance online publication. <http://dx.doi.org/10.1111/famp.12472>
4. **Whisman, M. A.**, du Pont, A., & Butterworth, P. (2019). Longitudinal associations between rumination and depressive symptoms in a probability sample of adults. *Journal of Affective Disorders*. Advance online publication. <http://dx.doi.org/10.1016/j.jad.2019.09.035>

5. **Whisman, M. A.**, Salinger, J. M., Labrecque, L. T., Gilmour, A. L., & Snyder, D. K. (2019). Couples in arms: Marital distress, psychopathology, and suicidal ideation in active-duty Army personnel. *Journal of Abnormal Psychology*. Advance online publication. <http://dx.doi.org/10.1037/abn0000492>
6. Gustavson, D. E., du Pont, A., **Whisman, M. A.**, & Miyake, A. (2018). Evidence for transdiagnostic repetitive negative thinking and its association with rumination, worry, and depression and anxiety symptoms: A commonality analysis. *Collabra: Psychology*, 4, 13. <http://dx.doi.org/10.1525/collabra.128>
7. Robustelli, B. L., & **Whisman, M. A.** (2018). Gratitude and life satisfaction in the United States and Japan. *Journal of Happiness Studies*, 19, 41-55. <http://dx.doi.org/10.1007/s10902-016-9802-5>
8. **Whisman, M. A.**, du Pont, A., Rhee, S. H., Spotts, E. L., Lichtenstein, P., Ganiban, J. M., Reiss, D., & Neiderhiser, J. M. (2018). A genetically informative analysis of the association between dyadic adjustment, depressive symptoms, and anxiety symptoms. *Journal of Affective Disorders*, 237, 18-26. <http://dx.doi.org/10.1016/j.jad.2018.04.105> [PMCID: PMC6170001]
9. **Whisman, M. A.**, Gilmour, A. L., & Salinger, J. M. (2018). Marital satisfaction and mortality in the United States adult population. *Health Psychology*, 37, 1041-1044. <http://dx.doi.org/10.1037/hea0000677>
10. **Whisman, M. A.**, Miranda, R., Fresco, D. M., Heimberg, R. G., Jeglic, E. L., & Weinstock, L. M. (2018). Measurement invariance of the Ruminative Responses Scale across gender. *Assessment*. Advance online publication. <http://dx.doi.org/10.1177/1073191118774131>
11. **Whisman, M. A.**, Robustelli, B. L., & Labrecque, L. T. (2018). Specificity of the association between marital discord and longitudinal changes in symptoms of depression and generalized anxiety disorder in The Irish Longitudinal Study on Ageing. *Family Process*, 57, 649-661. <http://dx.doi.org/10.1111/famp.12351>
12. Gustavson, D. E., Altamirano, L. J., Johnson, D. P., **Whisman, M. A.**, & Miyake, A. (2017). Is set shifting really impaired in trait anxiety? Only when switching away from an effortfully established task set. *Emotion*, 17, 88-101. <http://dx.doi.org/10.1037/emo0000212> [PMCID: PMC5243939]
13. Labrecque, L. T., & **Whisman, M. A.** (2017). Attitudes toward and prevalence of extramarital sex and descriptions of extramarital partners in the 21st century. *Journal of Family Psychology*, 31, 952-957. <http://dx.doi.org/10.1037/fam0000280>
14. Magidson, J. F., Robustelli, B. L., Seitz-Brown, C. J., & **Whisman, M. A.** (2017). Activity enjoyment, not frequency, is associated with alcohol-related problems and heavy episodic drinking. *Psychology of Addictive Behaviors*, 31, 73-78. <http://dx.doi.org/10.1037/adb0000220>
15. Robustelli, B. L., Newberry, R. E., **Whisman, M. A.**, & Mittal, V. A. (2017). Social relationships in young adults at ultra high risk for psychosis. *Psychiatry Research*,

- 247, 345-351. <http://dx.doi.org/10.1016/j.psychres.2016.12.008> [PMCID: PMC5217827]
16. **Whisman, M. A.**, & Richardson, E. D. (2017). Depressive symptoms and salivary telomere length in a probability sample of middle-aged and older adults. *Psychosomatic Medicine*, *79*, 234-242. <http://dx.doi.org/10.1097/PSY.0000000000000383> [PMCID: PMC5285466]
 17. **Whisman, M. A.**, & South, S. C. (2017). Gene-environment interplay in the context of romantic relationships. *Current Opinion in Psychology*, *13*, 136-141. <http://dx.doi.org/10.1016/j.copsyc.2016.08.002> [PMCID: PMC5315459]
 18. Johnson, D. P., Rhee, S. H., Friedman, N. P., Corley, R. P., Munn-Chernoff, M. A., Hewitt, J. K., & **Whisman, M. A.** (2016). A twin study examining rumination as a transdiagnostic correlate of psychopathology. *Clinical Psychological Science*, *4*, 971-987. <http://dx.doi.org/10.1177/2167702616638825> [PMCID: PMC5241110]
 19. Li, A., Robustelli, B. L., & **Whisman, M. A.** (2016). Marital adjustment and psychological distress in Japan. *Journal of Social and Personal Relationships*, *33*, 855-866. <http://dx.doi.org/10.1177/0265407515599678> [PMCID: PMC5222618]
 20. **Whisman, M. A.** (2016). Discovery of a partner affair and major depressive episode in a probability sample of married or cohabiting adults. *Family Process*, *55*, 713-723. <http://dx.doi.org/10.1111/famp.12185> [PMCID: PMC4919212]
 21. **Whisman, M. A.**, & Judd, C. M. (2016). A cross-national analysis of measurement invariance of the Satisfaction with Life Scale. *Psychological Assessment*, *28*, 239-244. <http://dx.doi.org/10.1037/pas0000181>
 22. **Whisman, M. A.**, Robustelli, B. L., & Sbarra, D. A. (2016). Marital disruption is associated with shorter salivary telomere length in a probability sample of older adults. *Social Science and Medicine*, *157*, 60-67. <http://dx.doi.org/10.1016/j.socscimed.2016.03.029> [PMCID: PMC4883574]
 23. Bourassa, K. J., Sbarra, D. A., & **Whisman, M. A.** (2015). Women in very low quality marriages gain life satisfaction following divorce. *Journal of Family Psychology*, *29*, 490-499. <http://dx.doi.org/10.1037/fam0000075>
 24. Foran, H. M., **Whisman, M. A.**, & Beach, S. R. H. (2015). Intimate partner relationship distress in the DSM-5. *Family Process*, *54*, 48-63. <http://dx.doi.org/10.1111/famp.12122>
 25. Johnson, D. P., Carr, F. A., & **Whisman, M. A.** (2015). Inter-parental conflict and rumination. *International Journal of Cognitive Therapy*, *8*, 1-10. <http://dx.doi.org/10.1521/ijct.2015.8.1.1>
 26. Robustelli, B. L., Trytko, A. C., Li, A., & **Whisman, M. A.** (2015). Marital discord and suicidal outcomes in a national sample of married individuals. *Suicide and Life-Threatening Behavior*, *45*, 623-632. <http://dx.doi.org/10.1111/sltb.12157>

27. **Whisman, M. A., & Li, A.** (2015). Assessment of positive and negative relationship adjustment in marriage. *Personal Relationships, 22*, 679-691. <http://dx.doi.org/10.1111/pere.12103>
28. **Whisman, M. A., & Richardson, E. D.** (2015). Normative data on the Beck Depression Inventory – Second Edition (BDI-II) in college students. *Journal of Clinical Psychology, 71*, 898-907. <http://dx.doi.org/10.1002/jclp.22188>
29. **Whisman, M. A., Robustelli, B. L., Beach, S. R. H., Snyder, D. K., & Harper, J. M.** (2015). Marital discord and depression in middle-aged and older couples: Is taxon status associated with depression? *Journal of Social and Personal Relationships, 32*, 967-973. <http://dx.doi.org/10.1177/0265407514554519>
30. Johnson, D. P., **Whisman, M. A., Corley, R. P., Hewitt, J. K., & Friedman, N. P.** (2014). Genetic and environmental influences on rumination and its covariation with depression. *Cognition and Emotion, 28*, 1270-1286. <http://dx.doi.org/10.1080/02699931.2014.881325> [PMCID: PMC4111768]
31. Snyder, H. R., Kaiser, R. H., **Whisman, M. A., Turner, A. E. J., Guild, R. M., & Munakata, Y.** (2014). Opposite effects of anxiety and depressive symptoms on executive function: The case of selecting among competing options. *Cognition and Emotion, 28*, 893-902. <http://dx.doi.org/10.1080/02699931.2013.859568> [PMCID: PMC4020950]
32. **Whisman, M. A.** (2014). Dyadic perspectives on trauma and marital quality. *Psychological Trauma: Theory, Research, Practice, and Policy, 6*, 207-215. <http://dx.doi.org/10.1037/a0036143>
33. **Whisman, M. A., Johnson, D. P., Li, A., & Robustelli, B. L.** (2014). Intimate relationship involvement, intimate relationship quality, and psychiatric disorders in adolescents. *Journal of Family Psychology, 28*, 908-914. <http://dx.doi.org/10.1037/fam0000026>
34. **Whisman, M. A., Johnson, D. P., & Rhee, S. H.** (2014). A behavior genetic analysis of pleasant events, depressive symptoms, and their covariation. *Clinical Psychological Science, 2*, 535-544. <http://dx.doi.org/10.1177/2167702613512793> [PMCID: PMC4259094]
35. **Whisman, M. A., Li, A., Sbarra, D. A., & Raison, C. L.** (2014). Marital quality and diabetes: Results from the Health and Retirement Study. *Health Psychology, 33*, 832-840. <http://dx.doi.org/10.1037/hea0000064>
36. **Whisman, M. A., Rhee, S. H., Hink, L., Boeldt, D. L., & Johnson, D. P.** (2014). Genetic and environmental influences on the association between subjective well-being and marital adjustment. *Couple and Family Psychology: Research and Practice, 3*, 48-64. <http://dx.doi.org/10.1037/cfp0000008> [PMCID: PMC4012697]
37. Whitton, S. W., Rhoades, G. K., & **Whisman, M. A.** (2014). Fluctuation in relationship quality over time and individual well-being: Main, mediated, and

- moderated effects. *Personality and Social Psychology Bulletin*, 40, 858-871. <http://dx.doi.org/10.1177/0146167214528988> [PMCID: PMC5790156]
38. BE, D., **Whisman, M. A.**, & Uebelacker, L. A. (2013). Prospective associations between marital adjustment and life satisfaction. *Personal Relationships*, 20, 728-739. <http://dx.doi.org/10.1111/pere.12011>
39. Beach, S. R. H., & **Whisman, M. A.** (2013). Genetics and epigenetics in family context: Introduction to the special section. *Journal of Family Psychology*, 27, 1-2. <http://dx.doi.org/10.1037/a0031484>
40. Johnson, D. P., Rhee, S. H., **Whisman, M. A.**, Corley, R. P., & Hewitt, J. K. (2013). Genetic and environmental influences on negative life events from late childhood to adolescence. *Child Development*, 84, 1823-1839. <http://dx.doi.org/10.1111/cdev.12055> [PMCID: PMC3659182]
41. Johnson, D. P., & **Whisman, M. A.** (2013). Gender differences in rumination: A meta-analysis. *Personality and Individual Differences*, 55, 367-374. <http://dx.doi.org/10.1016/j.paid.2013.03.019> [PMCID: PMC3786159]
42. **Whisman, M. A.** (2013). Relationship discord and the prevalence, incidence, and treatment of psychopathology. *Journal of Social and Personal Relationships*, 30, 163-170. <http://dx.doi.org/10.1177/0265407512455269>
43. **Whisman, M. A.**, Judd, C. M., Whiteford, N. T., & Gelhorn, H. L. (2013). Measurement invariance of the Beck Depression Inventory – Second Edition (BDI-II) across gender, race, and ethnicity in college students. *Assessment*, 20, 419-428. <http://dx.doi.org/10.1177/1073191112460273>
44. Baucom, D. H., **Whisman, M. A.**, & Paprocki, C. (2012). Couple-based interventions for psychopathology. *Journal of Family Therapy*, 34, 250-270. <http://dx.doi.org/10.1111/j.1467-6427.2012.00600.x>
45. Beach, S. R. H., & **Whisman, M. A.** (2012). Affective disorders. *Journal of Marital and Family Therapy*, 38, 201-219. <http://dx.doi.org/10.1111/j.1752-0606.2011.00243.x>
46. Johnson, D. P., **Whisman, M. A.**, Corley, R. P., Hewitt, J. K., & Hyun Rhee, S. (2012). Association between depressive symptoms and negative dependent life events from late childhood to adolescence. *Journal of Abnormal Child Psychology*, 40, 1385-1400. <http://dx.doi.org/10.1007/s10802-012-9642-7> [PMCID: PMC3473123]
47. **Whisman, M. A.**, & Baucom, D. H. (2012). Intimate relationships and psychopathology. *Clinical Child and Family Psychology Review*, 15, 4-13. <http://dx.doi.org/10.1007/s10567-011-0107-2>
48. **Whisman, M. A.**, & Beach, S. R. H. (2012). Couple therapy for depression. *Journal of Clinical Psychology*, 68, 526-535. <http://dx.doi.org/10.1002/jclp.21857>

49. **Whisman, M. A.**, Dementyeva, A., Baucom, D. H., & Bulik, C. M. (2012). Marital functioning and binge eating disorder in married women. *International Journal of Eating Disorders*, *45*, 385-389. <http://dx.doi.org/10.1002/eat.20935>
50. **Whisman, M. A.**, Johnson, D. P., BE, D., & Li, A. (2012). Couple-based interventions for depression. *Couple and Family Psychology: Research and Practice*, *1*, 185-198. <http://dx.doi.org/10.1037/a0029960>
51. **Whisman, M. A.**, & Sbarra, D. A. (2012). Marital adjustment and interleukin-6 (IL-6). *Journal of Family Psychology*, *26*, 290-295. <http://dx.doi.org/10.1037/a0026902> [PMCID: PMC4034464]
52. **Whisman, M. A.**, & Uebelacker, L. A. (2012). A longitudinal investigation of marital adjustment as a risk factor for metabolic syndrome. *Health Psychology*, *31*, 80-86. <http://dx.doi.org/10.1037/a0025671>
53. **Whisman, M. A.**, Johnson, D. P., & Smolen, A. (2011). Dysfunctional attitudes and the serotonin transporter promoter polymorphism (5-HTTLPR). *Behavior Therapy*, *42*, 300-305. <http://dx.doi.org/10.1016/j.beth.2010.08.007>
54. **Whisman, M. A.**, Davila, J., & Goodman, S. H. (2011). Relationship adjustment, depression, and anxiety during pregnancy and the postpartum period. *Journal of Family Psychology*, *25*, 375-383. <http://dx.doi.org/10.1037/a0023790>
55. **Whisman, M. A.**, Richardson, E. D., & Smolen, A. (2011). Behavioral inhibition and triallelic coding of the serotonin transporter promoter (5-HTTLPR) polymorphism. *Journal of Research in Personality*, *45*, 706-709. <http://dx.doi.org/10.1016/j.jrp.2011.08.009>
56. Schonbrun, Y. C., & **Whisman, M. A.** (2010). Marital distress and mental health care service utilization. *Journal of Consulting and Clinical Psychology*, *78*, 732-736. <http://dx.doi.org/10.1037/a0019711>
57. **Whisman, M. A.** (2010). Loneliness and the metabolic syndrome in a population-based sample of middle-aged and older adults. *Health Psychology*, *29*, 550-554. <http://dx.doi.org/10.1037/a0020760>
58. **Whisman, M. A.**, Uebelacker, L. A., & Settles, T. D. (2010). Marital distress and the metabolic syndrome: Linking social functioning with physical health. *Journal of Family Psychology*, *24*, 367-370. <http://dx.doi.org/10.1037/a0019547>
59. Whitton, S. W., & **Whisman, M. A.** (2010). Relationship satisfaction instability and depression. *Journal of Family Psychology*, *24*, 791-794. <http://dx.doi.org/10.1037/a0021734> [PMCID: PMC3535225]
60. Chatav, Y., & **Whisman, M. A.** (2009). Partner schemas and relationship functioning: A States of Mind analysis. *Behavior Therapy*, *40*, 50-56. <http://dx.doi.org/10.1016/j.beth.2007.12.005>
61. **Whisman, M. A.**, & Schonbrun, Y. C. (2009). Social consequences of borderline personality disorder symptoms in a population-based survey: Marital distress,

- marital violence, and marital disruption. *Journal of Personality Disorders*, 23, 410-415. <http://dx.doi.org/10.1521/pedi.2009.23.4.410>
62. **Whisman, M. A.**, Snyder, D. K., & Beach, S. R. H. (2009). Screening for marital and relationship discord. *Journal of Family Psychology*, 23, 247-254. <http://dx.doi.org/10.1037/a0014476>
63. **Whisman, M. A.**, & Uebelacker, L. A. (2009). Prospective associations between marital discord and depressive symptoms in middle-aged and older adults. *Psychology and Aging*, 24, 184-189. <http://dx.doi.org/10.1037/a0014759>
64. **Whisman, M. A.**, Beach, S. R. H., & Snyder, D. K. (2008). Is marital discord taxonic and can taxonic status be assessed reliably? Results from a national, representative sample of married couples. *Journal of Consulting and Clinical Psychology*, 76, 745-755. <http://dx.doi.org/10.1037/0022-006X.76.5.745>
65. Chatav, Y., & **Whisman, M. A.** (2007). Marital dissolution and psychiatric disorders: An investigation of risk factors. *Journal of Divorce and Remarriage*, 47, 1-13. http://dx.doi.org/10.1300/J087v47n01_01
66. Weinstock, L. M., & **Whisman, M. A.** (2007). Rumination and excessive reassurance-seeking in depression: A cognitive-interpersonal integration. *Cognitive Therapy and Research*, 31, 333-342. <http://dx.doi.org/10.1007/s10608-006-9004-2>
67. **Whisman, M. A.** (2007). Marital distress and DSM-IV psychiatric disorders in a population-based national survey. *Journal of Abnormal Psychology*, 116, 638-643. <http://dx.doi.org/10.1037/0021-843X.116.3.638>
68. **Whisman, M. A.**, Gordon, K. C., & Chatav, Y. (2007). Predicting sexual infidelity in a population-based sample of married individuals. *Journal of Family Psychology*, 21, 320-324. <http://dx.doi.org/10.1037/0893-3200.21.2.320>
69. **Whisman, M. A.**, & Snyder, D. K. (2007). Sexual infidelity in a national survey of American women: Differences in prevalence and correlates as a function of method of assessment. *Journal of Family Psychology*, 21, 147-154. <http://dx.doi.org/10.1037/0893-3200.21.2.147>
70. **Whisman, M. A.**, Tolejko, N., & Chatav, Y. (2007). Social consequences of personality disorders: Probability and timing of marriage and probability of marital disruption. *Journal of Personality Disorders*, 21, 690-695. <http://dx.doi.org/10.1521/pedi.2007.21.6.690>
71. Snyder, D. K., Castellani, A. M., & **Whisman, M. A.** (2006). Current status and future directions in couple therapy. *Annual Review of Psychology*, 57, 317-344. <http://dx.doi.org/10.1146/annurev.psych.56.091103.070154>
72. Uebelacker, L. A., & **Whisman, M. A.** (2006). Moderators of the association between relationship discord and major depression in a national population-based sample. *Journal of Family Psychology*, 20, 40-46. <http://dx.doi.org/10.1037/0893-3200.20.1.40>

73. Weinstock, L. M., & **Whisman, M. A.** (2006). Neuroticism as a common feature of the depressive and anxiety disorders: A test of the revised integrative hierarchical model in a national sample. *Journal of Abnormal Psychology, 115*, 68-74. <http://dx.doi.org/10.1037/0021-843X.115.1.68>
74. **Whisman, M. A.** (2006). Childhood trauma and marital outcomes in adulthood. *Personal Relationships, 13*, 375-386. <http://dx.doi.org/10.1111/j.1475-6811.2006.00124.x>
75. **Whisman, M. A.**, & Uebelacker, L. A. (2006). Impairment and distress associated with relationship discord in a national sample of married or cohabiting adults. *Journal of Family Psychology, 20*, 369-377. <http://dx.doi.org/10.1037/0893-3200.20.3.369>
76. **Whisman, M. A.**, Uebelacker, L. A., & Bruce, M. L. (2006). Longitudinal association between marital dissatisfaction and alcohol use disorders in a community sample. *Journal of Family Psychology, 20*, 164-167. <http://dx.doi.org/10.1037/0893-3200.20.1.164>
77. **Whisman, M. A.**, Uebelacker, L. A., Tolejko, N., Chatav, Y., & McKelvie, M. (2006). Marital discord and well-being in older adults: Is the association confounded by personality? *Psychology and Aging, 21*, 626-631. <http://dx.doi.org/10.1037/0882-7974.21.3.626>
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5. **Whisman, M. A.** (2009). Cognitive processes in relationships. In H. T. Reiss & S. Sprecher (Eds.), *Encyclopedia of human relationships* (pp. 224-229). Thousand Oaks, CA: SAGE Publications.
6. **Whisman, M. A.** (2009). Mental health and relationships. In H. T. Reiss & S. Sprecher (Eds.), *Encyclopedia of human relationships* (pp. 1092-1096). Thousand Oaks, CA: SAGE Publications.
7. **Whisman, M. A.** (2006). Relationship discord and the onset, course, and treatment of psychiatric disorders and other clinically significant outcomes. *The Family Psychologist*, 22, 14-17.

8. **Whisman, M. A.** (2004). Marriage counseling. In W. E. Craighead & C. B. Nemeroff (Eds.), *The concise Corsini encyclopedia of psychology and behavioral science* (pp. 559-560). New York: Wiley.
9. **Whisman, M. A.** (2001). Marriage counseling. In W. E. Craighead & C. B. Nemeroff (Eds.), *Corsini encyclopedia of psychology and behavioral science* (3rd ed.) (Vol. 3, pp. 920-922). New York: Wiley.
10. Jacobson, N. S., & **Whisman, M. A.** (1987). A gourmet cookbook for the hungry marital therapy consumer. [Review of A. S. Gurman (Ed.), *Casebook of marital therapy*]. *Contemporary Psychology*, 32, 121-123

Published Abstracts

1. Derringer, J., & **Whisman, M.** (2015). Gene-by-environment interactions, social stress, and depression in older adults. *Behavior Genetics*, 45, 652.
2. Johnson, D., Rhee, S., **Whisman, M.**, Stallings, M., Corley, R., & Hewitt, J. (2013). Parent relationship quality and offspring psychopathology. *Behavior Genetics*, 43, 524-525.
3. Johnson, D., **Whisman, M.**, Miyake, A., Altamirano, L., Hewitt, J., & Friedman, N. (2012). Genetic and environmental influences on rumination and depression. *Behavior Genetics*, 42, 942.
4. Johnson, D., Rhee, S., **Whisman, M.**, Corley, R. & Hewitt, J. (2011). The etiology of stability and change in life events from childhood to adolescence. *Behavior Genetics*, 41, 914.
5. **Whisman, M.**, Rhee, S., Hink, L., Boeldt, D., & Johnson, D. (2011). Marital quality and subjective well-being: A genetically informed investigation. *Behavior Genetics*, 41, 941.

PRESENTATIONS

Invited Talks and Addresses

1. **Whisman, M. A.** (2013, October). Intimate relationships and psychopathology. Keynote address, Partners in Psychiatry Congress, Bellen, The Netherlands.
2. **Whisman, M. A.** (2011, October). Intimate partner functioning and psychopathology. Keynote address, International Association of Relationship Research. Tucson, AZ.
3. Beach, S. R. H., & **Whisman, M. A.** (2010, October). Partner relational problems: Impact on mental, physical, family, and economic health. Conference on Relationship Processes in ICD-11. Ascona, Switzerland.
4. **Whisman, M. A.**, & Baucom, D. H. (2010, October). Couple functioning and psychopathology. Klaus-Grawe-Think-Tank-Meeting, Zuoz, Switzerland.

5. **Whisman, M. A., & Beach, S. R. H.** (2010, October). Relationship partner problem: Identification, definition, surveillance, and implications for mental health diagnosis. Conference on Relationship Processes in ICD-11. Ascona, Switzerland.
6. **Whisman, M. A.** (2009, November). Intimate partner functioning and psychopathology. Couples Special Interest Group Preconference Event. Association for Behavioral and Cognitive Therapies. New York, NY.
7. **Whisman, M. A.** (2009, September). Couple functioning and the etiology and treatment of depression. Families and Mental Health Conference. Sundance Resort, Utah. (Sponsored by the Family Studies Center, Brigham Young University).
8. **Whisman, M. A.** (2009, April). Relationship functioning and the etiology and treatment of psychopathology. The Ken Altshuler MD Grand Rounds in Psychiatry. Department of Psychiatry, University of Texas Southwestern Medical Center. Dallas, TX.
9. **Whisman, M. A.** (2005, March). The role of couple relationships in understanding and treating mental disorders. Relational Processes in Mental Health: From Neuroscience to Assessment and Treatment. Bethesda, MD. (Sponsored by the Fetzer Institute and the National Institute of Mental Health).
10. **Whisman, M. A.** (2000, February). Depression and marital functioning. Invited Speakers/Academic Grand Rounds Program. Department of Psychiatry and Human Behavior, Brown University. Providence, RI.

Invited Workshops and Seminars

1. **Whisman, M. A.** (September, 2015). Couple therapy for depression. Università Cattolica del Sacro Cuore, Milan, Italy.
2. **Whisman, M. A.** (2013, October). Couple therapy for depression. Partners in Psychiatry Congress, Bellen, The Netherlands.
3. **Whisman, M. A.** (2008, November). Adapting cognitive therapy for depression in treating complex presentations and comorbid conditions. Master Clinician Seminar. Association for Behavioral and Cognitive Therapies. Orlando, FL.
4. **Whisman, M. A., & McCrady, B. S.** (1999, August). Marital therapy for depression and alcohol problems. Division 12 Postdoctoral Institute, American Psychological Association. Boston.
5. **Whisman, M. A., & O'Leary, K. D.** (1998, November). Couple therapy for depression. Association for Advancement of Behavior Therapy. New York.
6. Beach, S. R. H., **Whisman, M. A., & O'Leary, K. D.** (1997, August). Doing marital therapy when one spouse is depressed. Division 12 Postdoctoral Institute, American Psychological Association. Chicago.

7. **Whisman, M. A.**, Beach, S. R. H., & O'Leary, K. D. (1996, November). Couple therapy for depression. Association for Advancement of Behavior Therapy. New York.

Chaired Symposia at National and International Conferences

1. **Whisman, M. A.** (2010, November). Understanding the role of couple functioning in depression. Association for Behavioral and Cognitive Therapies, San Francisco.
2. **Whisman, M. A.** (2009, November). Relational functioning and depression across the lifespan. Association for Behavioral and Cognitive Therapies, New York.
3. **Whisman, M. A.** (2006, November). The assessment, antecedents, and consequences of infidelity. Association for Behavioral and Cognitive Therapies, Chicago.
4. **Whisman, M. A.** (2006, November). Interpersonal flourishing: The positive side of close relationship functioning. Association for Behavioral and Cognitive Therapies, Chicago.
5. **Whisman, M. A.** (2004, November). Comorbidity between psychopathology and marital distress. Association for Advancement of Behavior Therapy, New Orleans.
6. **Whisman, M. A.**, & Snyder, D. K. (2003, November). Couple therapy for mental and physical health problems. Association for Advancement of Behavior Therapy, Boston.
7. **Whisman, M. A.** (2001, July). Expanding frontiers in cognitive therapy of depression. World Congress of Behavioral and Cognitive Therapies, Vancouver.
8. **Whisman, M. A.** (1999, November). Recent advances in cognitive therapy for depression. Association for Advancement of Behavior Therapy, Toronto.
9. **Whisman, M. A.** (1998, November). Developments in the study of cognitive functioning in marriage. Association for Advancement of Behavior Therapy, Washington, D.C.
10. **Whisman, M. A.** (1996, November). Recent advances in the study of depression in marriage. Association for Advancement of Behavior Therapy. New York.
11. **Whisman, M. A.** (1992, November). Empirical advances in cognitive theories of depression. Association for Advancement of Behavior Therapy, Boston.
12. **Whisman, M. A.** (1992, November). The therapeutic relationship in cognitive and behavioral therapies. Association for Advancement of Behavior Therapy, Boston.
13. **Whisman, M. A.** (1991, November). Recent developments in the study of intimacy in couples. Association for Advancement of Behavior Therapy, New York.

Presentations at National and International Conferences

1. Gilmour, A. L., **Whisman, M. A.**, & Randall, A. K. (2019, November). Cross-sectional and longitudinal associations between relationship discord and depressive symptoms in sexual minority individuals. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
2. Merritt, G. E., & **Whisman, M. A.** (2019, November). Relationship status, positive and negative elements of relationship quality, and social anxiety. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
3. Steele, B. A., & **Whisman, M. A.** (2019, November). Behavioral inhibition and activation systems (BIS/BAS), positive and negative partner behavior, and relationship satisfaction in married adults. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
4. Vacek, S., & **Whisman, M. A.** (2019, November). Traumas and adolescent psychopathology in a U.S. national probability sample. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
5. Gilmour, A. L., Salinger, J. M., & **Whisman, M. A.** (2018, July). Marital satisfaction and mortality in the United States adult population. International Association for Relationship Research, Fort Collins, CO.
6. Labrecque, L. T., & **Whisman, M. A.** (2018, July). Marital dissatisfaction and extramarital sex: Examining the function of the identity of the extramarital partner. International Association for Relationship Research, Fort Collins, CO.
7. Salinger, J. M., **Whisman, M. A.**, Hilpert, P., & Randall, A. K. (2018, July). Associations of relationship conflict with depressive symptoms: A cross-national analysis. International Association for Relationship Research, Fort Collins, CO.
8. **Whisman, M. A.**, Robustelli, B. L., & Labrecque, L. T. (2018, July). Specificity of the association between marital discord and longitudinal changes in symptoms of depression and generalized anxiety disorder. International Association for Relationship Research, Fort Collins, CO.
9. Sur, B., Manvelian, A., Knowles, L., Lomeli, T., Milek, A., Rohrbaugh, M., **Whisman, M.**, & Sbarra, D. (2018, April). Communal coping as a mechanism for health behavior change in the Family Consultation (FAMCON) program for T2 diabetes prevention. Society for Behavioral Medicine. New Orleans.
10. Labrecque, L. T., Gilmour, A. L., & **Whisman, M. A.** (2017, November). Attitudes toward and prevalence of extramarital sex and descriptions of extramarital partners in the 21st century. Association for Behavioral and Cognitive Therapies, San Diego.
11. Labrecque, L. T., & **Whisman, M. A.** (2016, October). Keeping it in the family: Adolescent psychiatric disorders and parent relationship quality. Association for Behavioral and Cognitive Therapies, New York.

12. Robustelli, B. L., Newberry, R. E., **Whisman, M. A.**, & Mittal, V. A. (2016, October). Social relationships in adolescents at ultra high risk for psychosis. Association for Behavioral and Cognitive Therapies, New York.
13. Balderrama-Durbin, C., Balsis, S., Snyder, D. K., Harper, J., & **Whisman, M. A.** (2016, August). Relationship discord across the lifespan: A comparative study of younger and older married couples. American Psychological Association, Denver.
14. **Whisman, M. A.** (2016, August). Couple therapy for depression. American Psychological Association, Denver.
15. Hughes, J., **Whisman, M. A.**, & Gordon, K. C. (2015, November). Examining cultural influences and predictors of infidelity in a population-based sample of Latino married couples. Association for Behavioral and Cognitive Therapies, Chicago.
16. Li, A., & **Whisman, M. A.** (2015, November). Relationship quality and psychopathology among lesbian, gay, and bisexual individuals. Association for Behavioral and Cognitive Therapies, Chicago.
17. Robustelli, B. L., & **Whisman, M. A.** (2015, November). Loneliness and marital, family, and friend relationship quality: Associations with mental and physical health outcomes. Association for Behavioral and Cognitive Therapies, Chicago.
18. Derringer, J., & **Whisman, M.** (2015, June). Gene-by-environment interactions, social stress, and depression in older adults. Behavior Genetics Association, San Diego.
19. **Whisman, M. A.** (2015, May). Discovery of partner affair and depression in a population-based community sample. Association for Psychological Science, New York.
20. Hansen, N. S., Kneeland, E. T., Tamir, M., **Whisman, M. A.**, & Gruber, J. (2014, November). Correlates of perceived emotion malleability in bipolar I disorder and major depressive disorder. Association for Behavioral and Cognitive Therapies, Philadelphia.
21. Li, A., Robustelli, B. L., & **Whisman, M. A.** (2014, November). Marital discord and psychopathology in the United States and Japan. Association for Behavioral and Cognitive Therapies, Philadelphia.
22. Li, A., & **Whisman, M. A.** (2014, November). Marital functioning and health outcomes: Health behaviors and mental health outcomes as explanatory pathways. Association for Behavioral and Cognitive Therapies, Philadelphia.
23. Robustelli, B. L., Trytko, A., Li, A., & **Whisman, M. A.** (2014, November). Associations among marital discord, intimate partner violence, and suicidal behavior. Association for Behavioral and Cognitive Therapies, Philadelphia.

24. Robustelli, B. L., & **Whisman, M. A.** (2014, November). Gratitude and life satisfaction in the United States and Japan. Association for Behavioral and Cognitive Therapies, Philadelphia.
25. Whitton, S. W., Rhoades, G. K., & **Whisman, M. A.** (2014, November). Effects of fluctuation in relationship quality over time on individual well-being. Association for Behavioral and Cognitive Therapies, Philadelphia.
26. Johnson, D., Rhee, S., **Whisman, M.**, Stallings, M., Corley, R., & Hewitt, J. (2013, June). Parent relationship quality and offspring psychopathology. Behavior Genetics Association, Marseille, France.
27. **Whisman, M. A.**, Johnson, D. P., Li, A., & Robustelli, B. (2013, April). Intimate relationships and psychopathology in a population-based sample of adolescents. Society for Research on Child Development, Seattle.
28. **Whisman, M. A.**, & Li, A. (2012, November). Marital adjustment and major depression: Does the association hold when ruling out rival explanations and examining subtypes of depression? Association for Behavioral and Cognitive Therapies, National Harbor, MD.
29. Johnson, D. P., **Whisman, M. A.**, Miyake, A., Altamirano, L. J., Hewitt, J. K., & Friedman, N. P. (2012, June). Genetic and environmental influences on rumination and depression. Behavior Genetics Association, Edinburgh.
30. Altamirano, L. J., Gustavson, D. E., Johnson, D. P., **Whisman, M. A.**, & Miyake, A. (2011, November). Higher trait anxiety associated with slower overriding of prior task sets. Psychonomic Society, Seattle, WA.
31. Snyder, H.R., Henderson, R. K., **Whisman, M. A.**, & Munakata, Y. (2011, November). The role of competitive neural inhibition in language production: Insights from the effects of trait anxiety on selecting among competing words. Neurobiology of Language, Annapolis.
32. Johnson, D. P., & **Whisman, M. A.** (2011, November). Gender differences in rumination: Meta-analysis and measurement equivalence. Association for Behavioral and Cognitive Therapies, Toronto.
33. Johnson, D. P., **Whisman, M. A.**, Rhee, S. R. H., Corley, R. P., & Hewitt, J. K. (2011, November). Trajectories of depressive symptoms and life events in adolescence: A multiple indicator latent growth model approach. Association for Behavioral and Cognitive Therapies, Toronto.
34. **Whisman, M. A.** (2011, November). Psychological well-being and its association with relationship well-being. Association for Behavioral and Cognitive Therapies, Toronto.
35. **Whisman, M. A.**, & Uebelacker, L. A. (2011, November). Marital distress and the metabolic syndrome. Association for Behavioral and Cognitive Therapies, Toronto.

36. Johnson, D., Rhee, S., **Whisman, M.**, Corley, R. & Hewitt, J. (2011, June). The etiology of stability and change in life events from childhood to adolescence. Behavioral Genetics Association, Newport, RI.
37. **Whisman, M.**, Rhee, S., Hink, L., Boeldt, D., & Johnson, D. (2011, June). Marital quality and subjective well-being: A genetically informed investigation. Behavioral Genetics Association, Newport, RI.
38. Johnson, D. P., **Whisman, M. A.**, & Smolen, A. (2010, November). Candidate genes and dysfunctional attitudes underlying depression. Association for Behavioral and Cognitive Therapies, San Francisco.
39. Munroe, M., Weinstock, L. M., & **Whisman, M. A.** (2010, November). Quality of social relationships and psychiatric disorders in gay, lesbian, and bisexual adults. Association for Behavioral and Cognitive Therapies, San Francisco.
40. **Whisman, M. A.** (2010, November). The prospective association between marital conflict and depression in Europe: Cross-cultural and cross-national findings. Association for Behavioral and Cognitive Therapies, San Francisco.
41. Whitton, S., & **Whisman, M. A.** (2010, November). Temporal instability in marital satisfaction: Links with depressive symptoms. Association for Behavioral and Cognitive Therapies, San Francisco.
42. Kaiser, R., Snyder, H., Altamirano, L. J., & **Whisman, M. A.** (2010, June). Cognitive functioning effects unique to trait rumination and depression. World Congress of Behavioral and Cognitive Therapies, Boston.
43. Schonbrun, Y. C., & **Whisman, M. A.** (2010, June). Marital distress and mental health care service utilization. World Congress of Behavioral and Cognitive Therapies, Boston.
44. BE, D., Uebelacker, L. A., & **Whisman, M. A.** (2009, November). Prospective associations between marital satisfaction and life satisfaction. Association for Behavioral and Cognitive Therapies, New York.
45. BE, D., & **Whisman, M. A.** (2009, November). Assessing the independent longitudinal effects of partner support and strain on divorce. Association for Behavioral and Cognitive Therapies, New York.
46. Carr, F. A., & **Whisman, M. A.** (2009, November). The development of rumination: The association between rumination and childhood vulnerability factors. Association for Behavioral and Cognitive Therapies, New York.
47. Weinstock, L. M., & **Whisman, M. A.** (2009, November). Interpersonal dependency, rumination, and stress generation: An integration of cognitive and interpersonal models of depression. Association for Behavioral and Cognitive Therapies, New York.

48. **Whisman, M. A.**, & Uebelacker, L. A. (2009, November). Prospective associations between marital discord and depressive symptoms in middle-aged and older adults. Association for Behavioral and Cognitive Therapies, New York.
49. Paul, A. M., & **Whisman, M. A.** (2009, April). Does social support moderate the association between intimate partner violence and depression? Rocky Mountain Psychological Association, Albuquerque, NM.
50. Chatav, Y., & **Whisman, M. A.** (2007, November). A new measure of partner schemas: The associations among schemas, relationship attributions, and marital quality. Association for Behavioral and Cognitive Therapies, Philadelphia.
51. Kaiser, R., & **Whisman, M. A.** (2007, November). Links between agentic cognitive representation of the sexual self and behaviors demonstrative of sexual self-efficacy in a population-based sample. Association for Behavioral and Cognitive Therapies, Philadelphia.
52. **Whisman, M. A.**, & Chatav, Y. (2007, November). Social consequences of borderline personality disorder symptoms in a national survey: Relationship distress, relationship violence, and marital disruption. Association for Behavioral and Cognitive Therapies, Philadelphia.
53. **Whisman, M. A.**, & Kaiser, R. (2007, November). Number needed to treat: Evaluating the effectiveness of cognitive-behavioral couples therapy. Association for Behavioral and Cognitive Therapies, Philadelphia.
54. Chatav, Y., & **Whisman, M. A.** (2006, November). Early maladaptive schemas and relationship quality in dating and married couples. Association for Behavioral and Cognitive Therapies, Chicago.
55. Tolejko, N., Raczkowski, D., & **Whisman, M. A.** (2006, November). Neuroticism and marital satisfaction: The role of life stress. Association for Behavioral and Cognitive Therapies, Chicago.
56. Tolejko, N., Smutzler, N., & **Whisman, M. A.** (2006, November). Marital interactions, relationship satisfaction, and depression: An alternative coding system. Association for Behavioral and Cognitive Therapies, Chicago.
57. **Whisman, M. A.** (2006, November). Relationship satisfaction and subjective well-being. Association for Behavioral and Cognitive Therapies, Chicago.
58. **Whisman, M. A.**, & Snyder, D. K. (2006, November). Sexual infidelity in a national survey of American women: Differences in prevalence and correlates as a function of method of assessment. Association for Behavioral and Cognitive Therapies, Chicago.
59. **Whisman, M. A.**, Tolejko, N., & Chatav, Y. (2006, November). Social consequences of personality disorders: Probability and timing of marriage and probability of marital disruption. Association for Behavioral and Cognitive Therapies, Chicago.

60. **Whisman, M. A.**, Uebelacker, L. A., Tolejko, N., Chatav, Y., & McKelvie, M. (2006, November). Marital dissatisfaction and depression in older adults: Is the association confounded by personality? Association for Behavioral and Cognitive Therapies, Chicago.
61. Chatav, Y., & **Whisman, M. A.** (2005, November). Relationship cognitions and quality of relationships in dating couples. Association for Behavioral and Cognitive Therapies, Washington, D.C.
62. Chatav, Y., & **Whisman, M. A.** (2004, November). Early maladaptive schemas and relationship quality in dating couples. Association for Advancement of Behavior Therapy, New Orleans.
63. McKelvie, M. L., & **Whisman, M. A.** (2004, November). Conflictual interactions of couples with and without a depressed partner: Incorporating a real-time self-report measure of mood. Association for Advancement of Behavior Therapy, New Orleans.
64. Tolejko, N., & **Whisman, M. A.** (2004, November). Sociotropy and autonomy versus neuroticism in the prediction of depression. Association for Advancement of Behavior Therapy, New Orleans.
65. Tolejko, N., & **Whisman, M. A.** (2004, November). Sociotropy, autonomy, and depression: Competing personality dimensions, stress generation, and the congruency hypothesis. Association for Advancement of Behavior Therapy, New Orleans.
66. Weinstock, L. M., & **Whisman, M. A.** (2004, November). Excessive reassurance-seeking in depression and anxiety: An examination of model specificity. Association for Advancement of Behavior Therapy, New Orleans.
67. Weinstock, L. M., & **Whisman, M. A.** (2004, November). Rumination and excessive reassurance-seeking in depression: A cognitive-interpersonal integration. Association for Advancement of Behavior Therapy, New Orleans.
68. **Whisman, M. A.**, Uebelacker, L. A., & Weinstock, L. M. (2004, November). Depression, anxiety, and marital satisfaction: The importance of evaluating both partners. Association for Advancement of Behavior Therapy, New Orleans.
69. Chatav, Y., & **Whisman, M. A.** (2003, November). Marital dissolution and onset of psychiatric disorders in a national sample. Association for Advancement of Behavior Therapy, Boston.
70. McKelvie, M. L., & **Whisman, M. A.** (2003, November). Relationship outcomes of adult children of alcoholics in a nationally representative sample. Association for Advancement of Behavior Therapy, Boston.
71. Sobik, L. E., & **Whisman, M. A.** (2003, November). Social relationships and health. Association for Advancement of Behavior Therapy, Boston.

72. Weinstock, L. M., & **Whisman, M. A.** (2003, November). Depression and interpersonal rejection among married couples: A comparative investigation of two models. Association for Advancement of Behavior Therapy, Boston.
73. Weinstock, L. M., & **Whisman, M. A.** (2003, November). Moderators of the association between marital distress and depression: The role of dysfunctional attitudes and self-esteem. Association for Advancement of Behavior Therapy, Boston.
74. **Whisman, M. A.** (2003, November). Marital functioning and psychiatric disorders. Association for Advancement of Behavior Therapy, Boston.
75. **Whisman, M. A.**, Chatav, Y., & Gordon, K. C. (2003, November). Predicting sexual infidelity in a nationally representative sample: The relative contributions of vulnerability, stressors, and opportunities. Association for Advancement of Behavior Therapy, Boston.
76. Friedman, M. A., **Whisman, M. A.**, & Shea, M. T. (2002, November). Predicting relapse in the Treatment of Depression Collaborative Research Program study. Association for Advancement of Behavior Therapy, Reno.
77. Weinstock, L. M., & **Whisman, M. A.** (2002, November). Personality as a vulnerability to psychopathology: A test of the tripartite model of depression and anxiety in a national sample. Association for Advancement of Behavior Therapy, Reno.
78. Weinstock, L. M., & **Whisman, M. A.** (2002, November). Specificity of dysfunctional cognitions to problematic interpersonal behavior in major depression. Association for Advancement of Behavior Therapy, Reno.
79. Weinstock, L. M., & **Whisman, M. A.** (2001, November). The self-verification model of depression and interpersonal rejection in dating relationships. Association for Advancement of Behavior Therapy, Philadelphia.
80. Smutzler, N., Halie, L. K., & **Whisman, M. A.** (2001, November). Attachment and marital satisfaction in a nationally representative survey. Association for Advancement of Behavior Therapy, Philadelphia.
81. **Whisman, M. A.** (2001, November). An information-processing analysis of sociotropy and autonomy. Association for Advancement of Behavior Therapy, Philadelphia.
82. **Whisman, M. A.**, & Davila, J. (2001, July). Modeling the course of change in treatments for depression. World Congress of Behavioral and Cognitive Therapies, Vancouver.
83. **Whisman, M. A.**, Sheldon, C. T., & Goering, P. N. (2001, July). The association between dissatisfaction with marital and family relationships and mood disorders. World Congress of Behavioral and Cognitive Therapies, Vancouver.

84. Gollan, J. K., & **Whisman, M. A.** (2000, November). Depression and divorce: An examination of risk factors and moderating influences. Association for Advancement of Behavior Therapy, New Orleans.
85. Uebelacker, L. A., & **Whisman, M. A.** (2000, November). Mediators of the association between marital dissatisfaction and major depression. Association for Advancement of Behavior Therapy, New Orleans.
86. **Whisman, M. A.**, & Uebelacker, L. A. (2000, November). Moderators of the association between marital dissatisfaction and depression in a nationally representative sample. Association for Advancement of Behavior Therapy, New Orleans.
87. Dozois, D. J. A., Dobson, K., & **Whisman, M. A.** (2000, September). Clustering of SRET incidental recall in clinical depression. Congress of the European Association for Behavioral & Cognitive Therapies. Granada, Spain.
88. Dozois, D. J. A., Dobson, K., & **Whisman, M. A.** (2000, September). Processing and clustering of adjective recall in depressed and remitted individuals. Congress of the European Association for Behavioral & Cognitive Therapies. Granada, Spain.
89. Sheldon, C. T., **Whisman, M. A.**, & Goering, P. N. (2000, May). Psychiatric disorders and dissatisfied social relationships: Is there something unique about the marital relationship? American Psychiatric Association. Chicago.
90. Detweiler, J. B., & **Whisman, M. A.** (1999, November). Impact of therapist-client interactions and homework adherence on treatment outcome in cognitive therapy of depression. Association for Advancement of Behavior Therapy. Toronto.
91. Blackmon, A. D., & **Whisman, M. A.** (1999, November). Reasons for divorce: A survey study of recently divorced individuals. Association for Advancement of Behavior Therapy. Toronto.
92. Uebelacker, L. A., & **Whisman, M. A.** (1999, November). Dysfunctional relationship cognitions in older married couples. Association for Advancement of Behavior Therapy. Toronto.
93. Uebelacker, L. A., & **Whisman, M. A.** (1999, November). Self-silencing and demand-withdraw communication as mediators of the association between marital dissatisfaction and depression. Association for Advancement of Behavior Therapy. Toronto.
94. **Whisman, M. A.** (1999, November). Recent findings regarding the cross-sectional and longitudinal association between marital dissatisfaction and depression. Association for Advancement of Behavior Therapy. Toronto.
95. **Whisman, M. A.**, & Uebelacker, L. A. (1999, August). Integrating individual, pharmacological, and couples therapy in treating depression. American Psychological Association. Boston.

96. Baker, C. W., **Whisman, M. A.**, & Brownell, K. D. (1998, November). Parent-child transmission of eating and weight-related attitudes and behaviors: Mechanisms and gender differences. Association for Advancement of Behavior Therapy. Washington, D.C.
97. Blackmon, A. D., & **Whisman, M. A.** (1998, November). Empathy in marriage: Implications for marital satisfaction and depression. Association for Advancement of Behavior Therapy. Washington, D.C.
98. Uebelacker, L. A., Borders, C. A., & **Whisman, M. A.** (1998, November). Origins of relationship cognitions: Family functioning and parental cognitions. Association for the Advancement of Behavior Therapy. Washington, D.C.
99. Uebelacker, L. A., & **Whisman, M. A.** (1998, November). Intergenerational transmission of relationship cognitions. Association for Advancement of Behavior Therapy. Washington, D.C.
100. **Whisman, M. A.**, & Ramel, W. (1998, November). Attentional biases to social and achievement threat in depression: An information-processing analysis of sociotropy and autonomy. Association for Advancement of Behavior Therapy. Washington, D.C.
101. **Whisman, M. A.**, & Ramel, W. (1998, November). Interpersonal problem behaviors associated with dependent and self-critical personality styles in depression. Association for Advancement of Behavior Therapy. Washington, D.C.
102. **Whisman, M. A.**, & Selwyn, S. E. (1998, November). Partner schema and marital satisfaction: An information-processing perspective. Association for Advancement of Behavior Therapy. Washington, D.C.
103. Detweiler, J. B., & **Whisman, M. A.** (1998, August). Potential methods of enhancing adherence in cognitive therapy for depression. American Psychological Association. San Francisco.
104. Johnson, B., & **Whisman, M. A.** (1997, December). The relations between husbands' criticism and wives' trait and state self-esteem: Linking communication and self-evaluation. North American Society for Psychotherapy Research, Tucson. Arizona.
105. Friedman, M. A., **Whisman, M. A.**, & Brownell, K. D. (1997, November). Sociotropy, autonomy, and bulimia nervosa. Association for Advancement of Behavior Therapy. Miami.
106. **Whisman, M. A.** (1997, November). Developmental origins of relationship beliefs and attributions: The role of family environments. Association for Advancement of Behavior Therapy. Miami.
107. Richardson, E. D., & **Whisman, M. A.** (1997, August). Factor structure of the Mini-Mental State Examination. American Psychological Association. Chicago.

108. **Whisman, M. A.**, & Friedman, M. A. (1997, August). Cognitive-interpersonal perspectives of depression: Themes of achievement versus acceptance. American Psychological Association. Chicago.
109. **Whisman, M. A.**, Uebelacker, L. A., & Courtnage, E. S. (1997, May). Depression in marriage: Moderating and mediating marital processes. American Psychological Society. New York.
110. Dixon, A. E., & **Whisman, M. A.** (1996, November). Intimacy and marital adjustment: A multitrait-multimethod investigation. Association for Advancement of Behavior Therapy. New York.
111. Johnson, B., & **Whisman, M. A.** (1996, November). Marital interaction and depression: The impact of criticism on self-esteem. Association for Advancement of Behavior Therapy. New York.
112. Pinto, A., Conwell, Y., & **Whisman, M. A.** (1996, November). Reasons for living among suicide-attempting adolescents. Association for Advancement of Behavior Therapy. New York.
113. **Whisman, M. A.** (1996, November). Depression in marriage: Mood reactions to marital conflict. Association for Advancement of Behavior Therapy. New York.
114. **Whisman, M. A.**, Dixon, A. E., & Johnson, B. (1996, November). Therapists' perspectives of client problems and treatment issues in couple therapy. Association for Advancement of Behavior Therapy. New York.
115. **Whisman, M. A.**, & Pinto, A. (1996, November). Hopelessness depression in depressed inpatient adolescents. Association for Advancement of Behavior Therapy. New York.
116. Johnson, B., & **Whisman, M. A.** (1996, June). Therapist responses to patient negative self-statements: A paradigm for predicting the therapeutic alliance and linking process to outcome. Society for Psychotherapy Research. Amelia Island, Florida.
117. Pinto, A., **Whisman, M. A.**, & Conwell, Y. (1996, April). Affect and cognition in suicidal adolescents. American Association of Suicidology. St. Louis, MO.
118. Pinto, A., **Whisman, M. A.**, & McCoy, K. (1996, April). Suicidal ideation in hospitalized adolescents. American Association of Suicidology. St. Louis, MO.
119. Friedman, M. A., Dixon, A. E., **Whisman, M. A.**, Wilfley, D. E., & Brownell, K. D. (1996, March). The relationship between marital status, marital satisfaction, and body dissatisfaction. International Congress of Behavioral Medicine. Washington, D.C.
120. Friedman, M. A., & **Whisman, M. A.** (1995, November). Sociotropy, autonomy, and eating disordered symptomatology. Association for Advancement of Behavior Therapy. Washington, D.C.

121. Kwon, P., & **Whisman, M. A.** (1995, November). Sociotropy and autonomy as diatheses to depression: A three panel prospective investigation. Association for Advancement of Behavior Therapy. Washington, D. C.
122. **Whisman, M. A.** (1995, November). Category clustering in the self-referent encoding task: A method for measuring the structure of self-schemata in depression. Association for Advancement of Behavior Therapy. Washington, D. C.
123. Kwon, P., & **Whisman, M. A.** (1995, August). A test of the hopelessness theory utilizing the new MAS. American Psychological Association. New York.
124. **Whisman, M. A.**, & Friedman, M. A. (1995, August). Personality, interpersonal, and attachment perspectives on sociotropy and autonomy. American Psychological Association. New York.
125. Lukens, S., & **Whisman, M. A.** (1994, November). Intimacy, marital satisfaction, and depression: A multi-trait, multi-method investigation. Association for Advancement of Behavior Therapy. San Diego.
126. **Whisman, M. A.**, & Allan, L. E. (1994, November). Attachment and social learning theories of romantic relationships: Convergent or divergent perspectives? Association for Advancement of Behavior Therapy. San Diego.
127. **Whisman, M. A.** (1994, November). The independent effects of dysphoria and induced mood on negative self-schema. Association for Advancement of Behavior Therapy. San Diego.
128. Luboski, J. A., & **Whisman, M. A.** (1993, November). Stroop and priming methodology: Detection of self-schema in major depression. Association for Advancement of Behavior Therapy. Atlanta.
129. **Whisman, M. A.**, Diaz, M. L., & Luboski, J. A. (1993, November). Cognitive specificity of major depression and generalized anxiety disorder. Association for Advancement of Behavior Therapy. Atlanta.
130. Kwon, P., & **Whisman, M. A.** (1992, November). A longitudinal study of the hopelessness theory of depression: New measures for assessing depressogenic attributional style. Association for Advancement of Behavior Therapy. Boston.
131. Molina, S., Allan, L. E., Diefenbach, G., Peasley, C., Person, D., Repsher, A., Borkovec, T. D., & **Whisman, M. A.** (1992, November). Content analysis of worrisome streams of consciousness and nocturnal dreams in anxious and depressed subjects. Association for Advancement of Behavior Therapy. Boston.
132. **Whisman, M. A.**, Miller, I. W., Norman, W. H., & Keitner, G. I. (1992, November). Hopelessness depression in depressed inpatients: Depression symptomatology, patient characteristics, and treatment outcome. Association for Advancement of Behavior Therapy. Boston.

133. **Whisman, M. A.**, Fruzzetti, A. E., Schmaling, K. B., & Jacobson, N. S. (1991, November). Intimacy, marital distress, and depression: An observational analysis. Association for Advancement of Behavior Therapy. New York.
134. **Whisman, M. A.**, & Jacobson, N. S. (1991, November). Change in marital adjustment following marital therapy: A comparison between outcome measures. Association for Advancement of Behavior Therapy. New York.
135. Miller, I. W., Keitner, G. I., **Whisman, M. A.**, & Ryan, C. (1990, November). Depressed patients with dysfunctional families: Description and course of illness. Association for Advancement of Behavior Therapy. San Francisco.
136. **Whisman, M. A.**, Jacobson, N. S., & Truax, P. (1990, November). Booster maintenance sessions in behavioral marital therapy: Six-and twelve-month follow-up. Association for Advancement of Behavior Therapy. San Francisco.
137. **Whisman, M. A.**, Miller, I. W., Norman, W. H., & Keitner, G. I. (1990, November). Cognitive therapy with depressed inpatients: Specific effects on dysfunctional cognitions. Association for Advancement of Behavior Therapy. San Francisco.
138. Fruzzetti, A. E., King, M. R., **Whisman, M. A.**, & Jacobson, N. S. (1989, November). Homework compliance and generalization in behavioral marital therapy: Therapist-client interactions and outcome. Association for Advancement of Behavior Therapy. Washington, D.C.
139. Truax, P., **Whisman, M. A.**, & Jacobson, N. S. (1989, November). Therapist and couple ratings of therapy progress and outcome expectancies: Prediction and correspondence. Association for Advancement of Behavior Therapy. Washington, D.C.
140. Waltz, J. A., **Whisman, M. A.**, Ruthruff, E., Morford, J., & Jacobson, N. S. (1989, November). Physical and verbal aggression in marriage: The roles of depression and power. Association for Advancement of Behavior Therapy. Washington, D.C.
141. **Whisman, M. A.** (1989, November). The use of booster maintenance sessions in behavioral marital therapy. Association for Advancement of Behavior Therapy. Washington, D.C.
142. **Whisman, M. A.**, Koerner, K., & Jacobson, N. S. (1989, November). Therapist and client process ratings of change in cognitive therapy. Association for Advancement of Behavior Therapy. Washington, D.C.
143. **Whisman, M. A.**, & Jacobson, N. S. (1989, November). Changes in attributions following behavioral marital therapy. Association for Advancement of Behavior Therapy. Washington, D.C.
144. **Whisman, M. A.**, Truax, P., & Jacobson, N. S. (1989, November). The influence of depression and marital distress on marital attributions. Association for Advancement of Behavior Therapy. Washington, D.C.

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146. **Whisman, M. A.**, Jacobson, N. S., Fruzzetti, A. E., Schmaling, K. B., & Dobson, K. (1988, November). Treating the couple vs. the depressed spouse alone: The short and long-term effects of cognitive behavior therapies for depression. Association for Advancement of Behavior Therapy. New York.
147. **Whisman, M. A.**, Waltz, J. A., Fruzzetti, A. E., Schmaling, K. B., & Jacobson, N. S. (1988, November). Process of change in cognitive and marital therapies for depression. Association for Advancement of Behavior Therapy. New York.
148. **Whisman, M. A.**, Strosahl, K., Fruzzetti, A. E., Schmaling, K., B., Jacobson, N. S., & Miller, D. M. (1988, April). Diagnostic Interview Schedule integrated Hamilton Rating Scale for Depression: Reliability and validity. Western Psychological Association. San Francisco.
149. Schmaling, K. B., **Whisman, M. A.**, & Jacobson, N. S. (1987, November). Identifying areas of marital conflict: Interactional differences due to depression and marital distress. Association for Advancement of Behavior Therapy. Boston.
150. Schmaling, K. B., **Whisman, M. A.**, & Jacobson, N. S. (1987, November). Nonspecific treatment gains associated with behavioral marital therapy: Changes in individual psychopathology. Association for Advancement of Behavior Therapy. Boston.
151. **Whisman, M. A.**, & Jacobson, N. S. (1987, November). Homework compliance in behavioral marital therapy: Client, therapist, and outcome variables. Association for Advancement of Behavior Therapy. Boston.
152. Holtzworth-Munroe, A., DeKlyen, M., **Whisman, M. A.**, & Jacobson, N. S. (1986, November). The process of change in behavioral marital therapy: Perspectives of therapist, client, and observer. Association for Advancement of Behavior Therapy. Chicago.
153. Schmaling, K. B., **Whisman, M. A.**, & Jacobson, N. S. (1986, November). Predicting response to cognitive therapy for depression: Specific vs. nonspecific therapist behaviors. Association for Advancement of Behavior Therapy. Chicago.
154. **Whisman, M. A.**, & Jacobson, N. S. (1986, November). Power, marital satisfaction, and response to behavioral marital therapy: An analysis of the content of communication patterns. Association for Advancement of Behavior Therapy. Chicago.
155. **Whisman, M. A.**, & Jacobson, N. S. (1986, November). Relationship based sex-role behaviors, marital satisfaction, and depression. Association for Advancement of Behavior Therapy. Chicago.

156. Schmaling, K. B., **Whisman, M. A.**, & Jacobson, N. S. (1986, April). Violence among happily-married couples and couples presenting for therapy. Western Psychological Association. Seattle.
157. Whisman, M. A. (1986, April). Power, marital satisfaction and response to behavioral marital therapy: An observational analysis of couple's communication patterns. Western Psychological Association. Seattle.
158. Deffenbacher, J. L., Zwemer, W. A., **Whisman, M. A.**, Hill, R. A., & Sloan, R. D. (1983, April). The relationship of irrational beliefs to five types of anxiety. Rocky Mountain Psychological Association. Snowbird, UT.

SELECTED PROFESSIONAL AND ADMINISTRATIVE EXPERIENCE

Associate Chair for Undergraduate Education and Director of Undergraduate Studies, Department of Psychology and Neuroscience, University of Colorado Boulder, 2018-

Director of Clinical Training, Department of Psychology and Neuroscience, University of Colorado Boulder, 2007-2014

Executive Committee, Department of Psychology and Neuroscience, University of Colorado Boulder, 2001-2004, 2014-2018

Honors Program, Department of Psychology and Neuroscience, University of Colorado Boulder

- Director, 2004-2012, 2017-2018
- Co-Director, 2015-2017