

Samuel Henry Hubley, Ph.D.
Curriculum Vitae
August 2023

Assistant Research Professor
Department of Psychology and Neuroscience
Director of Finance & Grants
Renée Crown Wellness Institute
University of Colorado Boulder
1135 Broadway
Boulder, CO 80303

EDUCATION

- 2013-2014 **Alpert Medical School of Brown University**, Providence, RI
Postdoctoral Research Fellow, Department of Psychiatry and Human Behavior
Project Title: Integrated Primary Care for Medically Unexplained Symptoms
Research Supervisors: Charles Eaton, M.D., Lisa Uebelacker, Ph.D.
Clinical Supervisor: Justin Nash, Ph.D.
- 2012-2013 **Alpert Medical School of Brown University**, Providence, RI
Clinical Psychology Intern, Department of Psychiatry and Human Behavior
Track: Integrated Primary Care Clinical Research
Research Supervisors: Charles Eaton, M.D., Lisa Uebelacker, Ph.D.
Clinical Supervisor: Justin Nash, Ph.D.
- 2007-2012 **University of Colorado Boulder**, Boulder, CO
Doctor of Philosophy in Clinical Psychology
Dissertation Title: Training Obstetrics Nurses and Behavioral Health Care Providers in Behavioral Activation for Antenatal Depression
Committee Chair: Sona Dimidjian, Ph.D.
- 2007-2009 **University of Colorado Boulder**, Boulder, CO
Master of Arts, Clinical Psychology
Thesis Title: Increasing Activity and Decreasing Depression: Observational Coding of Patient Reports of Activation and the Relationship to Improvement in Depression
Committee Chair: Sona Dimidjian, Ph.D.
- 2000-2005 **Cornell University**, Ithaca, NY
Bachelor of Arts, Psychology
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ACADEMIC APPOINTMENTS

2020-	Director of Finance & Grants, Renée Crown Wellness Institute, University of Colorado Boulder
2020-	Assistant Research Professor, Department of Psychology & Neuroscience, University of Colorado Boulder
2018-2020	Behavioral Health Scientist, Colorado Prevention Center
2015-2020	Affiliate Investigator, Institute for Health Research, Kaiser Permanente Colorado
2014-2020	Assistant Professor, Department of Family Medicine, Johnson Depression Center, National Mental Health Innovation Center, University of Colorado School of Medicine

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies
Society for Behavioral Medicine

RESEARCH SUPPORT

CU Outreach Award	Hubley (PI)	8/1/23-12/31/24
“Emotions and Disney/Pixar's Inside Out at Boys and Girls Clubs”		

This project aims to implement and evaluate InsideU at local afterschool programs in metro Denver. InsideU is a form of "Entertainment Education" inspired by the Disney/Pixar film *Inside Out* and includes a series of episodes that are interactive, choose your-own-adventure stories. The InsideU program will be offered for free to all Boys and Girls Clubs in Metro Denver with an emphasis on elementary and middle-school youth.

Private Donors	Hubley (PI)	1/1/23-12/31/24
“InsideU Program Development”		

This award supports product development and evaluation of *InsideU*, a scalable SEL tool using the characters from Disney and Pixar’s movie *Inside Out*. This project includes an open trial to implement and evaluate a digital SEL application *InsideU* in partnership with a local community partner.

Private Foundations	Dimidjian (PI)	1/1/21-12/31/23
“Alma Program Expansion”		

This project aims to expand the Alma program in the following ways: 1) Expand Alma program tools to meet the needs of a greater number of new and expectant mothers; 2) Obtain formal state

This project aimed to conduct a preliminary test of the feasibility of a brief intervention focused on helping patients and primary care physicians manage medically unexplained symptoms.
Role: Principal Investigator

PUBLICATIONS

1. Estacio, R. O., Ambrose, A., Bonaca, M. P., Flattery, N., **Hubley, S.**, Kilbourn, K., & Coronel-Mockler, S. (2023). Codesign and Integration of a Promotora-Led Behavioral Health Intervention to Support Cardiovascular Risk Reduction in Latino Communities. *Circulation: Cardiovascular Quality and Outcomes*, 16(7), e009349.
2. Holley, R., Moldow, E., Hacker, R., Kahn, P., Ellingson, J., Gaumond, G., Chaudhary, N., Boeldt, D., **Hubley, S.** (2023). A Qualitative Study of Virtual Reality and Mindfulness for Substance Use Disorders? *Journal of Technology in Behavioral Science*, 1-11.
3. Rossom, R. C., Peterson, E. L., Chawa, M. S., Prabhakar, D., Hu, Y., Yeh, H. H., **Hubley, S.**, ... & Ahmedani, B. K. (2022). Understanding tbi as a risk factor versus a means of suicide death using electronic health record data. *Archives of suicide research*, 1-14.
4. **Hubley, S.**, Moldow, E., Robbins, C., Harper, C., Martin, C., & Zhuo, Shou. (2020). Entertainment education for social and emotional learning in elementary schools: Can a school-based play improve empathy and mental illness stigma? *American Journal of Health Education*, 51(5), 299-309.
5. Mercedes-Morales, K., Imel, Z., Ahmedani, B., Coleman, K. Beck, A., **Hubley, S.**, ... & Simon, G. (2020). Provider contributions to disparities in mental health care. *Psychiatric Services* 71(8), 765-771.
6. Lynch, F. L., Peterson, E. L., Lu, C. Y., Hu, Y., Rossom, R. C., **Hubley, S.** ... & Ahmedani, B. (2020). Substance use disorders and risk of suicide in a general US population: a case control study. *Addiction Science & Clinical Practice*, 15(1), 1-9.
7. **Hubley, S.**, Martell, C., & Carty, J. (2019). Beyond Specialty Mental Health: Rationale and Clinical Application of Behavioral Activation in Primary Care. In S. Dimidjian (Ed.), *Evidence-Based Practice in Action: Bridging Clinical Science and Intervention*.
8. Boggs, J. M., Beck, A., **Hubley, S.**, Peterson, E. L., Hu, Y., Williams, L. K., ... & Simon, G. (2018). General medical, mental health, and demographic risk factors associated with suicide by firearm compared with other means. *Psychiatric Services*, 69(6), 677-684.

9. Mishkind, M., Waugh, M., & **Hubley, S.** (2018). Evidence Base for Use of Videoconferencing and Other Technologies in Mental Health Care. *Telepsychiatry and Health Technologies: A Guide for Mental Health Professionals*, 31-52.
10. Waitzfelder, B., Stewart, C., Coleman, K. J., Rossom, R., Ahmedani, B. K., Beck, A., **Hubley, S.**, & Simon, G. E. (2018). Treatment initiation for new episodes of depression in primary care settings. *Journal of general internal medicine*, 1-9.
11. Ahmedani, B. K., Peterson, E. L., Hu, Y., Rossom, R. C., Lynch, F., **Hubley, S.**, ... & Simon, G. (2017). Major physical health conditions and risk of suicide. *American Journal of Preventive Medicine*, 53(3), 308-315.
12. Boggs, J. M., Simon, G. E., Ahmedani, B. K., Peterson, E., **Hubley, S.**, & Beck, A. (2017). The association of firearm suicide with mental illness, substance use conditions, and previous suicide attempts. *Annals of Internal Medicine*, 167(4), 287-288.
13. Dimidjian, S., Goodman, S., Sherwood, N., Simon, G., Ludman, E., **Hubley, S.**, ... & Powers, J. (2017). A pragmatic randomized clinical trial of behavioral activation for depressed pregnant women. *Journal of Consulting and Clinical Psychology*, 85(1), 26. PubMed PMID: 28045285.
14. **Hubley, S.**, & Dimidjian, S. (2017). Behavior Therapy of Depression. *The Oxford Handbook of Mood Disorders*, 423.
15. Miller, B., & **Hubley, S.** (2017). The History of Fragmentation and the Promise of Integration. In M. Maruish (Ed.), *Handbook of Psychological Assessment in Primary Care Settings*. York, New York: Guilford Publications.
16. Zeber, J. E., Coleman, K. J., Fischer, H., Yoon, T. K., Ahmedani, B. K., Beck, A., **Hubley, S.** ... & Stewart, C. (2017). The impact of race and ethnicity on rates of return to psychotherapy for depression. *Depression and Anxiety*, 34(12), 1157-1163.
17. **Hubley, S.**, Uebelacker, L., Nash, J., & Eaton, C. (2016). Open Trial of Integrated Primary Care Consultation for Medically Unexplained Symptoms. *The Journal of Behavioral Health Services & Research*, 44(4), 590-601. PubMed PMID: 27530260
18. **Hubley, S.**, Lynch, S. B., Schneck, C., Thomas, M., & Shore, J. (2016). Review of key telepsychiatry outcomes. *World Journal of Psychiatry*, 6(2), 269. PubMed PMID: 27354970.
19. **Hubley, S.**, & Miller, B. (2016). Implications of healthcare payment reform for clinical psychologists in medical settings. *Journal of Clinical Psychology in Medical Settings*, 23(1), 3-10. PubMed PMID: 26916051.
20. Ahmedani, B., Peterson, E., Hu, Y., Rossom, R., Lynch, F., ... **Hubley, S.**, & Simon, G. (2015). Major physical health conditions and risk for suicide. *American Journal of Preventative Medicine*, 3(3), 308-315.

21. **Hubley, S.**, Kaiser, R., & Dimidjian, S. (2015). Behavioral activation therapy. In P. Fisher & A. Wells (Eds.), *Treating depression: Principles and practice*. New York, New York: John Wiley & Sons.
22. Kaiser, R., **Hubley, S.**, & Dimidjian, S. (2015). Behavioral activation theory. In P. Fisher & A. Wells (Eds.), *Treating depression: Principles and practice*. New York, New York: John Wiley & Sons.
23. **Hubley, S.** (2015). Unexplained symptoms in twenty minutes or less. *Family, Systems, and Health*, 33, 76.
24. McCauley, E., Schloretdt, K., Gudmundsen, G., Martell, C., **Hubley, S.**, & Dimidjian, S. (2015). The adolescent behavioral activation program: Adapting Behavioral Activation as a treatment for depression in adolescence. *Journal of Clinical Child and Adolescent Psychology*.
25. Dimidjian, S., Martell, C., Herman, R., & **Hubley, S.** (2014). Behavioral activation for depression. In D. Barlow (Ed.), *Clinical Handbook of Psychological Disorders: A Step-by-step Treatment Manual*. New York, New York: Guilford Publications.
26. Fuchs, C., Haradhvala, N., **Hubley, S.**, Nash, J., Keller, M. Ashley, D., Weisberg, R., & Uebelacker, L. (2014). Family Systems & Health. Physician Actions Following a Positive PHQ-2: Implications for the Implementation of Depression Screening in Family Medicine Practice. Advanced online publication.
27. **Hubley, S.**, Uebelacker, L., & Eaton, C. (2014). Management of medically unexplained symptoms in primary care: A narrative review and treatment recommendations. *American Journal of Lifestyle Medicine*. Advance online publication.
28. **Hubley, S.**, Woodcock, E., Dimidjian, S., & Dimeff, L. (2014). Disseminating behavioral activation via online training: Preliminary steps. *Behavioural and Cognitive Psychotherapy*, 2, 1-15.
29. Davis, K.J., **Hubley, S.**, & Leiferman, J. (2012). Individual level exercise behavior change strategies to promote physical activity. In A. Meyer & T. Gullotta (Eds.), *Physical Activity Across the Lifespan*. New York New York: Springer Publishing Company.
30. **Hubley, S.** & Dimidjian, S. (2010). Behavioral Activation. In I. Weiner & W. Craighead (Eds.), *The Corsini Encyclopedia of Psychology and Behavioral Science*. New York, New York: John Wiley & Sons, Inc.
31. **Hubley, S.**, & Dimidjian, S. (2008). Review of motivational interviewing in the treatment of psychological problems. *American Journal of Psychiatry*, 165, 1360-1361.

32. Petty, C., Rosenbaum, J., Hirshfeld-Becker, D., Henin, A., **Hubley, S.**, LaCasse, S., Faraone, S., & Biederman, J. (2008). The child behavior checklist broad-band scales predict subsequent psychopathology: A 5-year follow-up. *Journal of Anxiety Disorders*, 3, 532-39.
33. Hirshfeld-Becker, D.R., LaCasse, S. & **Hubley, S.** (2006) Early childhood precursors to psychiatric disorder. *The Association for Behavioral and Cognitive Therapy Child Anxiety Special Interest Group Newsletter*, 5, 6-8.
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PRESENTATIONS

- Hubley, S.**, Boeldt, D., Luthra, D., Lake, J., Richey, R., Brown-Levy, S., & McMahon, E. (2019). *Virtual Reality in The Tech Innovation Network – A model of clinical, industry, and academic partnerships for developing, testing, and implementing mental health technologies*. Interactive Panel presented at the annual meeting of the American Psychological Association Technology, Mind and Society, Washington D.C.
- Hubley, S.**, Tolle, L., McCarthy, K., & Brown-Levy, S. (2019). *Virtual Reality for Integrated Behavioral Health in Primary Care*. Symposium presented at the inaugural meeting of the Virtual Reality and Behavioral Healthcare Symposium: Communities, Research, and Technology Succeeding Together, Aurora, Colorado.
- Hubley, S.**, & Beary, S., (2019). *Emerging Technologies for Integrated Behavioral Health and Primary Care*. Symposium presented at the State Innovation Model Collaborative Learning Session, Broomfield, Colorado.
- Hubley, S.**, Caragol, J., & Wand, T. (2018). *Virtual Reality Based Mindfulness to Promote Mindfulness as Physician Burnout Prevention*. Poster presented at the annual meeting of the Collaborative Family Healthcare Association, Rochester, New York.
- Reed, A., Stratton, J., Brown-Levey, S., **Hubley, S.** & Hoet, A. (2017). *Supervising Psychology Trainees in Integrated Primary Care using the PARSE Model*. Symposium presented at the annual meeting of the Society of Teachers of Family Medicine, San Diego, California.
- Reed, A., Fu, B., **Hubley, S.**, Seymour, D., Ross, V. & Gerrish, W. (2017). *Using Medical Improv Across the Residency Setting*. Symposium presented at the annual meeting of the Society of Teachers of Family Medicine, San Diego, California.
- Hubley, S.** & Reed, A. (2016). *Improvisation Theater to Enhance Communication Skill for Mental Health Professionals*. Symposium presented at the annual meeting of the American Psychological Association, Denver, Colorado.

- Reed, A., Stratton, J., Brown-Levey, S., **Hubley, S.** & Carty, J. (2016). *Supervising Psychology Trainees in Integrated Primary Care using the PARSE Model*. Symposium presented at the annual meeting of the American Psychological Association, Denver, Colorado.
- Kwan, B., **Hubley, S.**, & Keeley, R. (2016). *Mechanisms of motivational interviewing for depression in primary care*. Symposium presented at the annual meeting of the Society for Behavioral Medicine, Washington D.C.
- Hubley, S.**, Uebelacker, L., Nash, J., & Eaton, C. (2015). *Pilot trial for integrated behavioral consultation model for primary care with medically unexplained symptoms*. Symposium presented at the annual meeting of the North America Primary Care Research Group, Cancun, Mexico.
- Brown-Levey, S., **Hubley, S.**, Buck, K., Seymour, D., Stratton, J., Taylor, D., & Wainer, A. (2015). *Mirror mirror on the wall, does your practice do it all?* Poster presented at the annual meeting of the Association of Psychologists in Academic Health Centers, Atlanta, Georgia.
- Fuchs, C., Haradhvala, N., **Hubley, S.**, Uebelacker, L., & Nash, J. (2014). *The importance of team and population management in integrated care in the PCMH*. Symposium presented at the annual meeting of the Society for Behavioral Medicine, Philadelphia, Pennsylvania.
- Hubley, S.**, Uebelacker, L., Nash, J., Weisberg, R. & Eaton, C. (2013). *Integrated primary care intervention for patients with medically unexplained symptoms*. Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, Tennessee.
- Hubley, S.** (2013). *Medically unexplained symptoms: Management in primary care*. Lecture presented at the weekly grand rounds lecture series of the Brown University Department of Family Medicine, Pawtucket, Rhode Island.
- Hubley, S.**, Dimidjian, S., Beck, A., Goodman, S., Sherwood, N., Ludman, E., & Simon, G. (2012). *A novel approach to treating antenatal depression: Training obstetric nurses and behavioral health providers in behavioral activation*. Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, Maryland.
- Hubley, S.**, Welch, M., Zaveritnik, J., Dimeff, L., & Dimidjian, S. (2011). *Formative assessment and iterative development of behavioral activation computer-assisted therapy*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
- Dimeff, L., Welch, M., **Hubley, S.**, Dimidjian, S., & Zaveritnik, J. (2011). *"Just in time" training: Spreading the reach of behavioral activation for depression with computer assisted therapy and training*. Symposium presented at the Seattle Implementation Research Conference, Seattle, Washington.

- Hubley, S.,** Dimidjian, S., Beck, A., Goodman, S., Sherwood, N., & Simon, G. (2011). *Increasing access to evidence-based treatments for women with antenatal depression: Training obstetric nurses and behavioral health providers in behavioral activation.* Symposium presented at the Seattle Implementation Research Conference, Seattle, Washington.
- Lindemann, A., Dimidjian, S., Goodman, S., Beck, A., **Hubley, S.,** & Felder, J. (2011). *Client satisfaction and experiences in a study of mindfulness based cognitive therapy for the prevention of perinatal depression.* Poster presented at the Mind and Life Summer Research Institute, Garrison, New York.
- Hubley, S.,** Dimidjian, S. & Gallop, R. (2009). *Examining the action in behavioral activation: Observational coding of patient reports of activation and the relationship to clinical improvement.* Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, New York.
- Dimidjian, S., Dimeff, L., **Hubley, S.,** Martell, C., Herman-Dunn, R., Woodcock, E., Paves, A., Skutch, J. & Mueller, T. (2008). *Steps toward dissemination of behavioral activation: Development and use of online training.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, Florida.
- Kleiber, B., **Hubley, S.,** Davis, K., Dimidjian, S., & Gallop, R. (2008). *Depression, avoidant coping and treatment outcomes.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, Florida.
- Hirshfeld-Becker, D.R., Biederman, J., Henin, A., **Hubley, S.,** & Rosenbaum, J. (2006). *Is behavioral disinhibition a precursor to bipolar disorder? New data suggest a prospective link to comorbid mood and disruptive behavior disorders.* Poster presented at the NIMH Pediatric Bipolar Disorder Conference, Chicago, Illinois.

TEACHING & MENTORING

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| 2014-2017 | <i>Clinical Psychology Internship Didactics Coordinator, Department of Family Medicine, University of Colorado School of Medicine</i> |
| 2014-2020 | <i>Foundations of Doctoring Curriculum, University of Colorado School of Medicine</i> |
| 2014-present | <i>Guest Lectures, Department of Psychology and Neuroscience, College of Media, Communication, & Information, University of Colorado Boulder</i> |
| 2015- present | <i>Guest Lectures, Department of Physical Therapy, The Leadership for Innovative Team Science Program, University of Colorado Anschutz Medical Campus</i> |
| 2020-present | <i>Clinical Trainings in Behavioral Activation, University of Calgary (Canada), MD Anderson Cancer Center (United States), The Icelandic Center for Treatment of Anxiety Disorders (Iceland), Association for Behavioral and Contextual Sciences (Poland)</i> |
| 2023-present | <i>Faculty Mentor for Sapp Undergraduate Research Fellows Program</i> |

